

COVID-19 Resident Resources

COVID-19 Resident Rent Resources

We understand the current COVID-19 Crisis has sparked several questions amongst our Residents and our goal is to work through these trying times together.

Please see the below list of resources available to you during the COVID-19 Crisis.

- **THE AMERICAN LEGION DEPARTMENT OF CALIFORNIA**
 - The American Legion Department of California offers assistance through their Temporary Financial Assistance Program. This program is available to those that qualify and are approved. The program is administered through the National Office however applicants are screened on a local or Post level. The applicants needs are investigated fully before approval is given.
 - 415.431.1413

- **EAST BAY HOUSING ASSOCIATIONS WWW.EBHO.ORG**
 - **Oakland:** If you are a resident of Oakland, and your household makes less than 50% of area median income, then you are eligible for emergency rental assistance, legal representation, and other housing services. Please contact Keep Oakland Housed for assistance. On September 1st, Oakland announced an additional pot of assistance for renters and homeowners making less than 80% of area median income. You can find more information about income limits and how to apply here.
 - 510.663.3830

- **THE CUSTODY PROJECT**
 - The Custody Project offers rent assistance to mothers experiencing custody or visitation financial crisis that qualify.
 - 850.682.3460

- **CATHOLIC CHARITIES OF EAST BAY**
 - Provides assistance with Rent Services.
 - 925.825.3099

- **PACIFIC COMMUNITY SERVICES**
 - Provides assistance with rent and eviction services.
 - 925.439.1056

- **RAPID REHOUSING**
 - Provides vouchers for single parents, please note-this is a temporary service.



- 925.338.1038

- **SHELTER INC.**

- Provides rental and deposit assistance to Contra Costa Residents.
 - 925.338.1038

- **LIHEAP PROGRAM**

- Provides financial assistance/grants for rent, energy bills etc.
 - 925.681.6380

- **ECHO HOUSING**

- HUD approved housing counseling agency.
 - 510.581.9380

- **RENT ASSISTANCE**

- Rent Assistance Programs

- Rent Assistance provides a directory of rental assistance agencies and organizations that will help you pay your rent. Some listings are government organizations, others are nonprofits and charities that offer rental assistance programs.

- **EMPLOYMENT DEVELOPMENT DEPARTMENT**

- Unemployment Insurance

- The Unemployment Insurance (UI) program pays benefits to workers who have lost their job and meet the program's eligibility requirements. If you have become unemployed or partially unemployed, you may file a UI claim. After you have filed a claim, you must continue to certify for benefits and meet eligibility requirements each week in order to receive benefit payments.

- **RESTAURANT WORKERS COMMUNITY FOUNDATION: COVID-19 CRISIS RELIEF FUND**

- Restaurant Workers' Community Foundation

- A crisis relief fund to direct money to organizations leading on the ground efforts in the restaurant community, to provide zero-interest loans to businesses to maintain payroll during closure or re-open once this crisis has passed, and to establish a relief fund for individual workers facing economic hardships or health crises as a direct result of COVID-19.

- **CORE GIVES**

- <https://coregives.org/>

- CORE grants support to children of food and beverage service employees navigating life-altering circumstances.



- **RELIEF BENEFITS INCOME ASSISTANCE**

- Relief Benefits Income Assistance

- Financial assistance available to those who qualify.

- **UNITED FAMILY NETWORK**

- United Family Network

- United Family Network provides help and information on assistance for families.

- **SALVATION ARMY EMERGENCY ASSISTANCE AND HOMELESSNESS PREVENTION**

- Emergency Assistance and Homelessness Prevention - The Salvation Army Metropolitan Division

- The Salvation Army knows that sometimes life throws you a curve ball. Job loss, disaster, medical issue or other crisis can really knock you off your feet – even if only for a moment. Before you know it, you're behind on your rent or utilities or you can't buy food or clothes for your family. But The Salvation Army is here to help. We help clients secure necessities to stay in their homes and move past the initial crisis.

- **SALVATION ARMY-UTILITY ASSISTANCE**

- Utility Assistance

- Provides emergency utility assistance for people with no place left to turn

- **ONE FAIR WAGE EMERGENCY FUND**

- <https://ofwemergencyfund.org/help>

- Providing free, cash assistance to restaurant workers, delivery drivers and other tipped workers and service workers — who are seeing their income decline during this disaster, or aren't able to work because of quarantines or other health concerns.

Bay Area Resources:

San Francisco-Marin Food Bank Finder

A tool to help locate food banks near you in the San Francisco-Marin area.

Bay Area Resources List

List of general resources for those who live in the Bay Area, providing food access and utility resources.



Bay Area Comprehensive List by ACCRE

**COMMUNITY MENTAL HEALTH RESOURCES:
GENERAL SERVICES:**

Alameda County Medical Center. Highland Hospital Campus. Psychiatric Outpatient Services

1411 E. 31st St. Oakland 94602

510-535-7476

M-F 8:30am-5pm

Outpatient psychiatric treatment service, providing daily therapeutic activities. Must have Medicare and Medi-Cal.

Berkeley Mental Health Division

Adult Services Program

2640 MLK Jr. Way Berkeley 94704

510-981-5290

<http://www.ci.berkeley.ca.us/mentalhealth>

Office: M-F 8am-5pm

Drop-in: M-F 8:30am-2:30pm

Crisis evaluation and intervention, case management, psychotherapy (individual, family, or group), psychiatric medication evaluation and maintenance for Berkeley and Albany residents. Sliding scale.

Berkeley Mental Health Division

Family, Youth, and Children's Services

3282 Adeline Berkeley 94703

510-981-5280

<http://www.ci.berkeley.ca.us/mentalhealth>

M-F 9am-5pm (evenings by arrangement)

Outpatient psychotherapy, consultation, education, and other information to Berkeley and Albany children and their families. Sliding scale.

Coalition for Alternatives in Mental Health

Berkeley Drop-in Center

3234 Adeline St. Berkeley 94703

510-653-3808

M-Th 9am-4pm F 9am-2pm

Client-run, multi-purpose community center for past and present mental health clients and persons undergoing significant emotional stress. Free.

East Bay Community Recovery Project

2579 San Pablo Ave. Oakland 94612



510-446-7100

<http://www.ebcrcp.org>

M-F 8am-5pm

Counseling, education, support groups (including 12-step groups), information and referral.

Psychological Services Center

1440 Broadway Suite 610 Oakland CA 94612

510-628-9065

M-Th 9am-8:30pm F 9am-4:30pm No drop-in services

Individual, couples, and family therapy for children, teenagers, and adults. Also assessments. Training clinic for the California School of Professional Psychology. We offer a sliding fee scale and accept Medi-Cal.

REFERRALS:

Alameda County Mental Health Care Services Access Mental Health

800-491-9099

M-F 8:30am-5pm

Telephone screening and referrals for people needing psychotherapists and psychiatrists accepting sliding scale or Medi-Cal; also for people with chronic mental illness needing admittance to an Alameda County community mental health center.

Feminist Therapy Referral Project

510-843-2949 <http://www.feministtherapy.org>

Referrals for individuals, couples, families, and groups.

Low-Fee Referral Network

510-433-9499

Lower fee counseling and psychotherapy referral service.

Northern California Group Psychotherapy Society

415-442-1976 <http://www.ncgps.org>

Referrals to group therapy in the Bay Area.

United Way. HELPLINK

221 Main St. Suite 300 San Francisco 94105

800-273-6222 <http://www.helpink-sf.org>

M-F 8:30-5:30pm

Information and referral service to anyone needing nonprofit health and human services in the Bay Area.

CRISIS INTERVENTION:

Alameda County Medical Center John George Psychiatric Pavilion Campus

2060 Fairmont Drive San Leandro 94578

510-346-7500

<http://www.acmedctr.org>



7 days 24 hours

Emergency assessments; emergency medications; emergency hospitalization; also outpatient crisis unit for crisis intervention (M-F 9am-midnight; Sat-Sun 9am-6pm).

Berkeley Mental Health Division Crisis Intervention Services. Mobile Crisis Team

2640 MLK Jr. Way Berkeley 94704

510-981-5254

<http://www.ci.berkeley.ca.us/mentalhealth>

7 days 11am-11pm

Crisis intervention services (psychological outreach, assessment and/or counseling intervention for mental health crises, including suicide) for Berkeley and Albany residents. Free.

Crisis Support Services of Alameda County

PO Box 3120 Oakland 94609

800-309-2131 7 days 24-hours Crisis Line (also TTY line)

800-260-0094 Grief counseling, stress counseling, and senior outreach

<http://www.crisissupport.org>

Telephone crisis, counseling and referral services; community education program, disaster counseling.

Suicide Hotline

800-784-2433 (800-SUICIDE)

7 days 24 hours

Connects callers to the closest crisis center in Alameda county.

