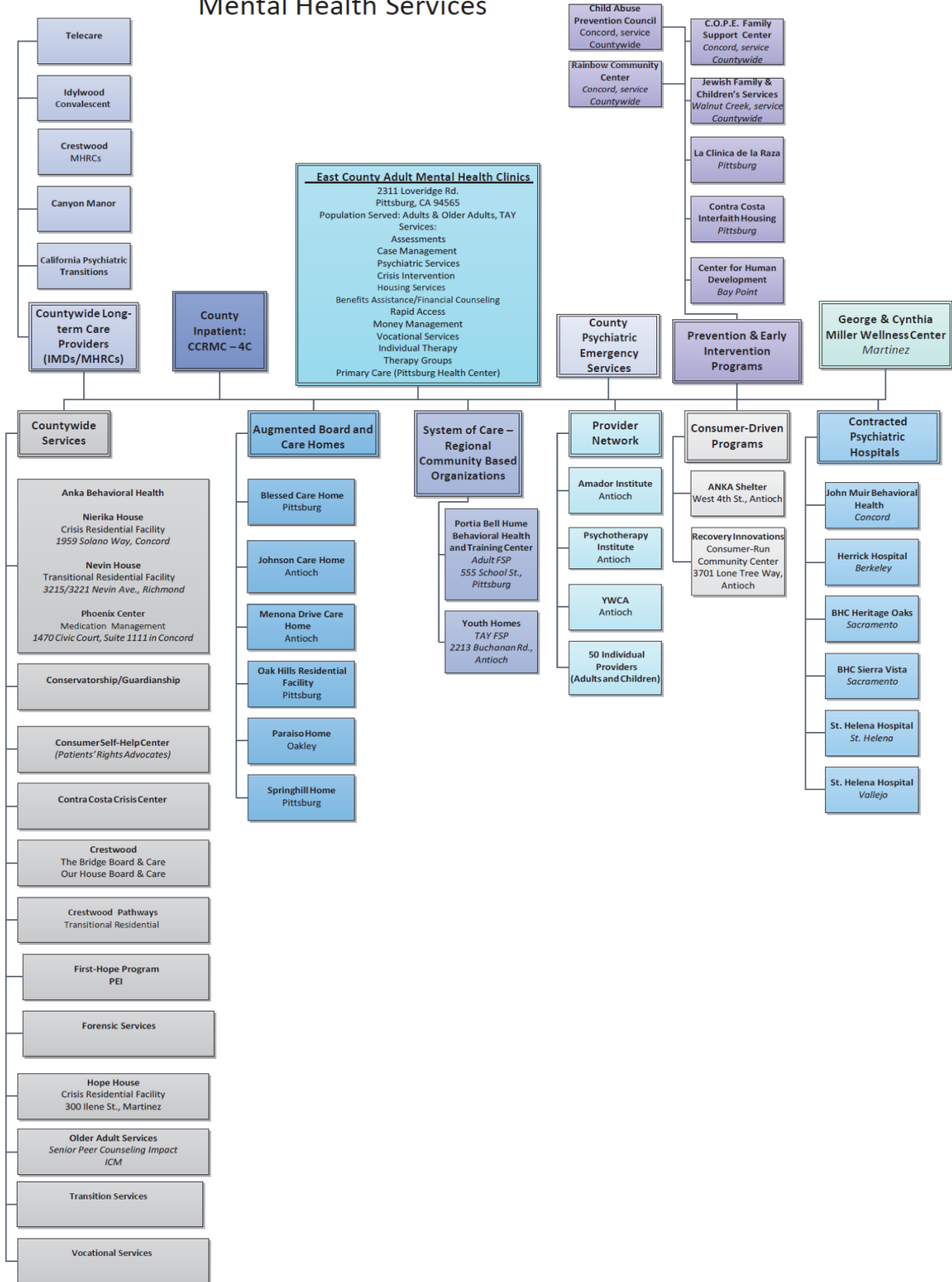


Service Directory for Adult Mental Health Services in East Contra Costa County

Contra Costa Behavioral Health Services

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East County Adult Mental Health Services



Antioch

Amador Institute

3701 Lone Tree Way, Suite 7, Antioch, CA 94509, (925) 778-3800

<http://www.amadorinstitute.com/>

Services: Amador Institute is an independent mental health organization providing individual, couples, and family counseling. Treatment specialization includes therapy for depression and anxiety, couples counseling, parenting support, grief counseling, work and career issues, stress management, addiction and recovery, and conflict resolution.

Child Therapy Institute

3720 Sunset Lane, Suite D, Antioch, CA 94509, (925) 978-0208

<http://childtherapyinstitute.org/>

Services: Part of the Contra Costa Behavioral Health Services Provider Network, Child Therapy Institute offers mental health services, including therapy, to children and families.

Community Health for Asian Americans (CHAA)

3727 Sunset Lane, Suite 110, Antioch, CA 94509, (925) 778-1667

<https://chaaweb.org/>

Services: Community Health for Asian Americans (CHAA) offers community-based behavioral health services for children, youth, and adults through therapy, case management, alcohol and other drug prevention and treatment, consultation, and psychological assessment. They also offer wraparound services for children, adolescents, and their families facing emotional and behavioral challenges, as well as adults who are homeless or at-risk of homelessness. CHAA has staff that speaks 20 different Asian/Pacific Islander languages and dialects, as well as Spanish.

Community Violence Solutions (CVS)

301 W. 10th Street #3, Antioch, CA 94509, (925) 706-4290 – Community Violence Solutions has service sites throughout the county.

<https://cvsolutions.org/>

Services: Community Violence Solutions (CVS) is dedicated to working in partnership with the community to end sexual assault and family violence through prevention, crisis services, and treatment. Formerly called Rape Crisis Center, CVS was founded by the Greater Richmond Interfaith Program in 1974 and incorporated as a non-profit 501(c)(3) organization in 1977.

Psychotherapy Institute of Individual, Family, and Community Development, Inc.

509 West 10th Street, Antioch, CA 94509, (925) 777-9540

Services: The Psychotherapy Institute specializes in treating couples, parents, and children. They offer various services, including individual, marriage and teams, and family counseling.

RI International

3711 Lone Tree Way, Antioch, CA 94509, (925) 732-7930

<https://riinternational.com/our-services/california/contra-costa/>

Services: RI International operates wellness and recovery centers in West, Central, and East County to ensure that the full spectrum of mental health services is available to Behavioral Health Services clients. Wellness and Recovery Centers offer peer-led recovery-oriented rehabilitation and self-help groups, which teach self-management and coping skills. The centers provide wellness recovery action plan (WRAP) groups, physical health and nutrition education, advocacy services and training, arts and crafts, and support groups.

STAND! For Families Free of Violence

315 G Street, Antioch, CA 94509, (925) 706-8477 - The main office is located in Concord, but most services take place in community-based locations, such as schools and churches, and the client's home.

<http://www.standffov.org/>

Services: STAND! For Families Free of Violence is a provider of county-wide comprehensive domestic violence and child abuse services in Contra Costa County, offering prevention, intervention, and treatment programs. STAND! Provides assistance to address the effects of teen dating violence/domestic violence and helps maintain healthy relationships for at-risk youth throughout Contra Costa County.

YWCA of Contra Costa

Mary Rocha Center, 931 Cavallo Road, Antioch, CA 94509, (925) 778-6234

<https://ywcacccc.org/>

Services: The YWCA of Contra Costa offers programs to support girls, women, families, and communities. Their mental health programs help families and individuals cope with the stresses and strains of everyday life, specializing in attachment issues and post-traumatic disorders.

Bay Point

Center for Human Development

Ambrose Community Center, SparkPoint Office, 3105 Willow Pass Road, Bay Point, CA 94565, (925) 349-7333

<http://chd-prevention.org/>

Services: Center for Human Development (CHD) is a community-based organization that offers a spectrum of Prevention and Wellness services for at-risk youth, individuals, families, and communities in the Bay Area.

Pittsburg

East County Adult Mental Health Clinic (Contra Costa Behavioral Health)

2311 Loveridge Road, Pittsburg, CA 94565, (925) 431-2621

<https://cchealth.org/mentalhealth/#simpleContained4>

Services: The East Adult Mental Health Clinic operates within Contra Costa Mental Health's Adult System of Care and provides assessments, case management, psychiatric services, crisis intervention, housing services, and benefits assistance. In conjunction with clinic services, the Contra Costa Mental Health's Adult System of Care also provides transition, vocational, and conservatorship/guardianship services.

Portia Bell Hume Behavioral Health and Training Center

555 School Street, Pittsburg, CA 94565, (925) 481-4433

<https://www.humecenter.org/>

Services: The Hume Center is a Community Mental Health Center that provides high-quality, culturally sensitive, and comprehensive behavioral health care services and training. The agency offers a continuum of care in Contra Costa, including prevention and early intervention, comprehensive assessment services, behavioral consultation services, outpatient psychotherapy and psychiatry, case management, Partial Hospitalization services, and Full-Service Partnership Programs.

Rainbow Community Center (RCC)

Community Presbyterian Church, 200 E Leland Road, Pittsburg, CA 94565, (925) 692-0090 Rainbow Community Center collaborates with local agencies to provide community-based services in West and East County.

<https://www.rainbowcc.org/>

Services: The Rainbow Community Center of Contra Costa County (RCC) builds community and promotes well-being among Lesbian, Gay, Bisexual, Transgender, Queer, and Questioning (LGBTQ) people and their allies. Services are provided at Concord's main office and partner organizations in

East and West County. Services include outpatient mental health services and prevention and early intervention services.

County Network Providers

Individual Providers on the Provider Network

888-678-7277

Services: There are 66 individual providers on the Provider Network serving East Contra Costa County. The Provider Network offers mental health services for clients with mild and moderate mental health conditions.

Countywide Services

Center for Human Development

901 Sun Valley Boulevard, Suite 220, Concord, CA 94520, (925) 687-8844

<http://chd-prevention.org/>

Services: Center for Human Development (CHD) is a community-based organization that offers a spectrum of Prevention and Wellness services for at-risk youth, individuals, families, and communities in the Bay Area.

Central County Adult Mental Health Clinic (Contra Costa Behavioral Health)

1420 Willow Pass Road, #200 Concord, CA 94520, (925) 646-5480

<https://cchealth.org/mentalhealth/#simpleContained4>

Services: The Central Adult Mental Health Clinic operates within Contra Costa Mental Health's Adult System of Care and provides assessments, case management, psychiatric services, crisis intervention, housing services, and benefits assistance. In conjunction with clinic services, the Contra Costa Mental Health's Adult System of Care also provides transition, vocational, and conservatorship/guardianship services.

Child Abuse Prevention Council

2120 Diamond Boulevard, Suite 120, Concord, CA 94520, (925) 798-0546

<https://www.capc-coco.org/>

Services: The Child Abuse Prevention Council of Contra Costa provides “The Nurturing Parenting” program. This evidence-based curriculum is a culturally, linguistically, and developmentally appropriate parent education class. Classes are provided to Spanish-speaking families in East County and Central County’s Monument Corridor. The Nurturing Parenting Program is a family-centered, trauma-informed initiative designed to foster positive parenting skills as an alternative to abusive and neglecting parenting practices.

Community Health for Asian Americans (CHAA)

207 37th Street, Richmond, CA 94805, (510) 233-7555

<https://chaaweb.org/> Services: Community Health for Asian Americans (CHAA) offers community-based behavioral health services for children, youth, and adults through therapy, case management, alcohol and other drug prevention and treatment, consultation, and psychological assessment. They also offer wraparound services for children, adolescents, and their families facing emotional and behavioral challenges, as well as adults who are homeless or at-risk of homelessness. CHAA has staff that speaks 20 different Asian/Pacific Islander languages and dialects, as well as Spanish.

Consumer Self-Help Center

(844) 666-0472

Services: Consumer Self-Help Center operates the county’s Patients’ Rights program, providing advocacy services for mental health clients. The office of Patients’ Rights is responsible for providing: 1) Certification Review Hearings, Riese Capacity Hearings, and Clinical Review services; 2) training on Patients’ Rights to providers and consumers of mental health services; and 3) general advocacy services.

Contra Costa Crisis Center

307 Lennon Lane, Walnut Creek, CA 94598, (925) 939-1916 - Contra Costa Crisis Center answers all local calls to the National Suicide Prevention Lifeline (800-273-TALK and 800-SUICIDE) and 24-hour Crisis Line (800-833-2900), as well as calls to the Lifeline’s Spanish-speaking suicide hotline (888-628-9454). While the program’s administrative offices are in Central

Contra Costa County, all Contra Costa County residents may utilize the certified 24-hour suicide prevention hotline. <https://www.crisis-center.org/>

Services: The mission of the Contra Costa Crisis Center is to keep people alive and safe, help them through crises, and connect them with culturally relevant resources in the community.

Contra Costa Crisis Center provides services to prevent suicides throughout Contra Costa County by operating a nationally certified 24-hour suicide prevention hotline.

Contra Costa Health, Housing, and Homeless Services (H³)

2400 Bisso Lane, Suite D-2, Concord, CA 94520, (925) 313-7706 - The H³ program offices are located in Concord; however, the program serves individuals from all regions of the county. <https://cchealth.org/h3/>

Services: The County-operated Mental Health Services Act Housing Services component operates within the H³ Program. The H³ Program uses several temporary bed facilities in West and Central County for transitional-age youth and adults. In 2010, CCMH entered into a Memorandum of Understanding with the H³ Program that provides additional funding to enable up to 64 individuals with a severe mental illness per year to receive temporary emergency housing for up to four months. Additionally, having participated in a specially legislated MHSA Housing Program through the California Housing Finance Agency, the County, in collaboration with many community partners, completed several one-time capitalization projects to create 40 permanent housing units throughout the county for individuals with serious mental illness. The Behavioral Health Housing Services Coordinator works closely with Homeless Program staff to coordinate referrals and placements, facilitate linkages with other Contra Costa mental health programs and services, and provide contract monitoring and quality control.

Contra Costa Interfaith Housing

399 Taylor Boulevard, Suite 115, Pleasant Hill, CA 94523, (925) 944-2244

<https://ccinterfaithhousing.org/>

Services: Contra Costa Interfaith Housing (CCIH) provides permanent, affordable housing and on-site support services to homeless and at-risk families and individuals in Contra Costa County. CCIH case managers have licensed clinicians and receive clinical supervision regularly to provide the most appropriate support to families coping with mental health challenges. Several programs serve residents with disabilities, predominantly mental health and substance abuse problems.

Forensic Mental Health (Contra Costa Behavioral Health)

1430 Willow Pass Road, Suite 100, Concord, CA 94520, (925) 681-9381 - Forensic Mental Health's office is located in Concord; however, the program serves individuals from all regions of the county, and the program offers regional community-based services as appropriate.

Services: The Forensics Services team is a multidisciplinary team comprised of mental health clinical specialists, registered nurses, alcohol and other drugs specialists, homeless benefits specialists, and community support workers. The team's purpose is to engage and offer voluntary services to participants who are seriously and persistently mentally ill and are involved in the criminal justice system.

George and Cynthia Miller Wellness Center (Contra Costa Behavioral Health)

25 Allen Street, Martinez, CA 94553, (925) 313-7900 - George and Cynthia Miller Wellness Center is located in Martinez; however, the program serves individuals from all regions of the county.

<https://cchealth.org/centers/mwc.php>

Services: The George and Cynthia Miller Wellness Center (Miller Wellness Center) provides county-wide services to consumers, including the diversion of children and adults from Psychiatric Emergency Services (PES). Children and adults evaluated at PES may step-down to the Miller Wellness Center if

they do not need a hospital level of care. The Miller Wellness Center offers urgent same-day appointments for individuals who are not open to the Contra Costa Mental Health System or have disconnected from care after being seen. Services include brief family therapy, medication refills, substance abuse counseling, and general non-acute assistance.

Jewish Family and Community Services - East Bay

1855 Olympic Boulevard, Suite 200, Walnut Creek, CA 94596, (925) 927-2000 - Jewish Family and Children Services partners with local community-based agencies to provide training throughout Contra Costa County.
<https://jfcs-eastbay.org/>

Services: Jewish Family and Community Services/ East Bay provide multi-lingual, multi-cultural social services designed to strengthen individuals, families, and the community. Services are offered in Farsi, Spanish, and Russian languages. As a problem-solving center for residents of several Bay Area counties, JFCS/ East Bay strives to be a lifeline for children, families, and older adults facing life transitions and personal crises.

Mental Health Systems, Inc.

2280 Diamond Boulevard, #500, Concord, CA 94520, (925) 483-2223 - While the program's administrative offices are located in Concord; the program serves all regions of Contra Costa County, and services take place in community-based locations, such as the client's home or other local sites in the community.
<https://www.mhsinc.org/listing/contra-costa-action-team/>

Services: Mental Health Systems, Inc. (MHS) provides Assisted Outpatient Treatment (AOT) services and subsequent Assertive Community Treatment (ACT) Full-Service Partnership services. Program services meet the requirements of AB 1421 (Laura's Law) while respecting the choice, autonomy, and dignity of individuals struggling with the symptoms of severe mental illness and co-occurring substance abuse disorders.

National Alliance on Mental Illness (NAMI) Contra Costa

2151 Salvio Street, Suite M, Concord, CA 94520, (925) 942-0767 – NAMI Contra Costa’s main office is located in Concord; however, the agency provides services throughout Contra Costa County, including East, West, and South County, by offering services in locations such as satellite partner offices, hospitals, and churches.

<http://www.namicontracosta.org/index.html>

Services: NAMI Contra Costa provides support, outreach, education, and advocacy to individuals living with and families affected by mental illness. NAMI has assisted people and families affected by mental illness in Contra Costa for over 30 years. All programs are free.

Office for Consumer Empowerment (Contra Costa Behavioral Health)

1330 Arnold Drive #140, Martinez, CA 94553, (925) 957-5104 - The Office for Consumer Empowerment’s main office is located in Martinez; however, the program serves individuals from all regions of the county.

Services: The Office of Consumer Empowerment is a County operated program that supports the entire Behavioral Health System and offers a range of training and support by and for individuals who have experience receiving mental health services. The goals are to increase access to wellness and empowerment knowledge for consumers of the Behavioral Health System.

Older Adult Mental Health (Contra Costa Behavioral Health)

2425 Bisso Lane, Suite 100, Concord, CA 94520, (925) 521-5620 - The Older Adult Mental Health program office is located in Concord; however, the program serves individuals from all regions of the county and provides community-based services.

<https://cchealth.org/mentalhealth/#simpleContained4>

Services: The Older Adult Mental Health Clinic is part of the Adult System of Care and offers mental health services to Contra Costa’s senior citizens, including preventive care, linkage and outreach to under-served at-risk

communities, problem-solving short-term therapy, and intensive care management for severely mentally ill individuals.

Pathways to Wellness

1210 Alhambra Avenue, Martinez, CA 94553, (925) 228-4200

<http://www.pathwaystowellness.net/>

Services: Pathways to Wellness is designed to provide a vital link in the spectrum of benefits available to children, adolescents, and adults requiring mental health management. Services include psychiatric evaluation/assessment, medication management/support and prescription, individual, group, and family therapy, and intensive case management services.

Primary Care Clinic Behavioral Health Support (Contra Costa Behavioral Health)

2500 Alhambra Avenue, Martinez, CA 94553, (1-877) 905-4545

<https://cchealth.org/mentalhealth/crisis-services.php>

Services: Behavioral health clinicians staff the county Primary Care Health Centers in Martinez and Richmond. The goal is to integrate primary and behavioral health care. Two mental health clinicians are part of a multi-disciplinary team to provide a timely and integrated response to those at risk and prevent the onset of severe mental health functioning among adults visiting the clinic for medical reasons.

Shelter, Inc.

1333 Willow Pass Road, Suite 206, Concord, CA 94520, (925) 335-0698 - Shelter, Inc.'s administrative offices are located in Concord; however, the program serves individuals from all regions of the county.

<https://shelterinc.org/>

Services: The mission of Shelter, Inc. is to prevent and end homelessness for low-income residents of Contra Costa County by providing resources that lead to self-sufficiency. Shelter, Inc. was founded to alleviate the County's

homeless crisis. Its work encompasses three main elements: 1) prevent the onset of homelessness, including rental assistance, case management, and housing counseling services, 2) end the cycle of homelessness by providing 3 to 24 months of housing in combination with supportive services, such as job training, educational services, health care, and counseling, and 3) provide affordable housing for nearly 250 low-income households, including such special needs groups as transition-age youth, people with HIV/AIDS, and those with mental health disabilities.

YWCA of Contra Costa

1320 Arnold Avenue, Suite 170, Martinez, CA 94553, (925) 372-4213

<https://ywcacccc.org/>

Services: The YWCA of Contra Costa offers programs to support girls, women, families, and communities. Their mental health programs help families and individuals cope with the stresses and strains of everyday life, specializing in attachment issues and post-traumatic disorders.