

# 500 Little Prayers

*for Vincentians*



## 500 Little Prayers

*For Vincentians*

*A collection of short prayers selected from the SVdP Daily Prayers, written between April 2020 and June 2022 and previously published online.*

Father in Heaven,

Inspired by the example of Your servants,  
St. Vincent de Paul & Bl. Frederic Ozanam,  
May we hear the cry of Your poor.

May we seek out and find all those suffering  
in illness, loneliness, fear, or deprivation.

By feeding the hungry, sheltering the  
homeless, and comforting the afflicted,  
may we bring them the light of Your love.

Amen

1

Lord we thank you for every day,  
Appreciating the brightness of Your  
creation,  
Letting the day's troubles wash past,  
Powerless to distract us from our true hope,  
Born of faith,  
As we seek always to act in charity.

In the name of the Father,  
And of the Son,  
And of the Holy Spirit,  
Amen!

2

Lord,

Grant us Faith,  
That we may know and feel Your  
presence with us always.

Grant us Hope,  
That we may never be controlled by the  
fears or troubles of this world.

Grant us Love,  
That we might share it unconditionally  
with all of our neighbors.

Amen

3

Lord, heal those afflicted by illness,  
Guide the hands and hearts of their  
caregivers,  
Bring all of them Your peace!

Lord, care for all suffering and deprivation  
From loss of work, loss of home, and from  
hunger.  
Let us be Your instruments!

Amen

4

Lord,  
May we know the words to speak to the  
weary  
Even when we are weary ourselves.  
Open our ears that we may hear.  
Open our eyes that we may see.

Grant us courage and be our strength  
So that we might face all challenges,  
All doubt,  
And all fear,  
Without turning back.

Lord,  
We praise your name  
And glorify You with thanks!  
Amen

5

Lord, your goodness abounds throughout  
the earth,  
Your kindness is upon all who put their  
hope in You!

May the sparks of your goodness  
Light our hearts on fire,  
Bringing hope to all who despair,  
And joy to those who proclaim Your  
promise!

Amen

7

Jesus, Lord and Savior,  
Risen from death,  
We will not be afraid.

May we go now where we can see you;  
In the face of the hungry child;  
In the faces of the homeless family;  
In the faces of the cold, and the lonely, and  
the prisoners.

Our hearts filled with gladness, our souls  
with joy.  
May Your Word be known through our  
works!

Amen

6

Lord Jesus, sent to us to fulfill the  
scriptures,  
We proclaim the glory of Your name,  
And share the good news with all who  
listen.

May our faith heal us of all afflictions  
As we live and serve in hope  
Of perfect union with You.

Amen

8

St. Vincent de Paul,

Pray for us, that in our **simplicity** we may always find honest words of love and comfort.

Pray for us, that our **humility** leads us to seek God's glory, not our own.

Pray for us, that with **gentleness** we offer food to the hungry and shelter to the homeless.

Pray for us, that with **selflessness** we give of our time, our possessions and ourselves.

Pray for us, that our **zeal** to share Christ's charity may light fires in the hearts of all we serve.

Amen

Lord Jesus, our eyes can see only the things of this earth,  
May we see You in the poor person standing before us,  
Reminding us of Your suffering, and of our redemption.

For love of God alone, may we lift them in spirit and hope,  
Serving them cheerfully as brothers and sisters,  
Joining together in prayer, with You in our midst.

Amen

Against all the trials, all the deprivations, and all the doubts of this world, we take refuge in the Lord.

Reborn of the Spirit, may we speak His word with boldness and perform all works of mercy in His name.

Amen

Lord, you hear the cry of the poor! Make us your instruments to comfort and serve all who suffer.

May our works bless Your Holy Name, and may we receive Your blessings from those we serve.

May all whom we serve, and all those who seek You, see Your light and Your presence through our works.

Amen

Lord Jesus, you are our light and our  
salvation.  
May we have faith that our loaves and  
fishes will feed all those who hunger.  
May we offer them with true hope, and with  
the love of God.

We are nourished by Your love, Lord, which  
multiplies as we share it;  
A love greater than weakness, greater than  
sin;  
A love always ready to forgive, always  
ready to welcome the prodigal;  
A love that is merciful.

We seek our home in You, Lord.  
We serve in hope.

Amen

13

You are the bread of life, Lord Jesus, no  
longer will we hunger.  
We feed the hungry, shelter the homeless,  
and comfort the afflicted,  
As the hands of Your church on earth.

We commend our souls to You, Lord Jesus,  
our refuge and our hope.  
We do your work, unafraid, with mercy  
towards all in need,  
With the light of your Love within us.

Amen

15

Christ, Evangelizer and Servant of the  
Poor, light our hearts on fire,  
That we may love God with the strength of  
our arms and the sweat of our brows,  
As we go forth to serve all those who  
hunger, all those who thirst, and all  
those who suffer.

Open our eyes, O Lord, that we may see  
You in their suffering!  
Open our hearts, O Lord, that we may love  
You in all those we serve!  
Open our lives, O Lord, that we may serve  
You by serving Your poor!

Amen

14

Jesus, Lord and Savior, we praise your  
name joyfully throughout the earth!

Humbly we serve, seeking always to do  
Your will not ours. May all those we serve  
come to know You through our works, and  
be brought to Your Kingdom in faith.

In the name of the Father, and the Son, and  
the Holy Spirit.

Amen

16

Lord Jesus, who suffered in our name, we  
see You in the poor, whose burdens we  
seek to share,  
You are here.

Christ Jesus, who taught us to feed the  
hungry, clothe the naked, and greet the  
stranger,  
You are here.

Lord Jesus, in whose name we gather, in  
whose name we pray, together with  
those in need,  
You are here.

We see You, we serve You, we praise You,  
for You are here.

Amen

17

Father in Heaven, who created us in Your  
image, by our lives may we always praise  
You.

Jesus Christ, Son of God, by our works  
may we speak Your eternal word.

Holy Spirit, present among us, by our  
charity may we share the spirit of life.

Amen

19

Jesus the Good Shepherd, we know and  
answer Your voice.

We seek and we serve the forgotten, the  
suffering, and the deprived,

Tending them with the comfort of Your  
gentle word, and the fullness of Your  
love.

Lead us, together with them, to that holy  
mountain where we may sing Your  
praises with gladness and joy!

Amen

18

Lord, we ask Your blessings for all those  
who suffer;  
The poor, the sick, the hungry, the  
homeless, the prisoner, the stranger.  
Let us be Your hands to feed, to clothe, to  
comfort, to visit, to help,  
For love alone.

Amen

20

Mary, Mother of God, whose humble obedience brought Christ forth on earth, pray for us, that we may be God's instruments, serving His poor with humility and gentleness.

Patroness of the Society of St Vincent de Paul, pray for us, weak Samaritans, that our works may be pleasing to your son, Jesus Christ, whom we seek to serve in the fullness of charity.

Blessed Virgin Mary, who stood at the foot of the cross, pray for all those who are suffering or deprived, that we may seek and find them, that together we may live in the hope of everlasting life.

Amen

21

Father strengthen us in our mission, that we may serve all those entrusted to us with generosity, with mercy, with gentleness, and with love.

In Your name, not ours.

Amen

22

Lord, we ask Your mercy and healing for all who are sick.  
If it be Your will.

Lord, we ask for the strength and resources to relieve all who suffer.  
If it be Your will.

Lord, we will work to serve our neighbors for the love of You alone.  
Because it is Your will.

Lord, we thank You, whatever Your will.  
Let it be our will.

Amen

23

We pray for the homeless,  
Alone on the street,  
Exposed to the wind and the rain and the heat.

We pray for the hungry  
Outside of our door,  
Or standing in food lines, their eyes pleading,  
"More."

We pray for the jobless,  
Who seek work in vain,  
Who ask for a "handout," their heads hung in shame.

We pray for those working,  
But just getting by,  
Unseen in the crowds, right in front of our eyes.

We pray for those stricken.  
Disabled, unwell,  
Once strong, now dependent on others for help.

We pray for those needy  
Through acts of their own,  
Bad choices, addictions, or lies that they've told.

We seek now, Lord Jesus,  
Your words to obey,  
To serve You in all whom we pray for today.

Amen

24

Lord Jesus, who knows the hearts of all,  
You have chosen us, laid down Your life for  
us, sent us to go and bear fruit.  
Your love will be enough for us to raise the  
lowly, uplift the poor, and fill our hearts with  
joy,  
As we seek to fulfill Your greatest  
commandment.  
Amen

25

Father in Heaven, maker of all things,  
Jesus Christ, redeemer of mankind,  
Holy Spirit, giver of life,  
Thank you.  
Amen

26

If I seek You, Lord, You are there.

Lying in a doorway, shivering in the rain.  
Scavenging discarded food, begging for  
coins.  
Made in Your image, invisible, always  
present.

I will serve You, Lord, for You are there.

Amen

27

Lord we sing your praises, lifting our eyes  
and our hearts to the heavens! We serve  
You tirelessly for You are with us always.

We will be Your gentle instruments,  
bringing the comfort of Your Word to all  
who feel forgotten and alone; sharing their  
burdens in friendship and love.

May we all be united, at the end of the age,  
in perfect union with You.

Amen

28



Lord Jesus, we ask not for an end to sorrows, but that our sorrows lead us to eternal joy. We ask not for an end to pain, but that our pain leads us to new life.

Lord, grant us the patience to always trust in Your Word, the selflessness to ease the suffering of others, and the zeal to bring the hope of your promise to all.

Amen

29

May we comfort all who feel forgotten with the **friendship** of our Community of Faith. The Love of Christ impels us.

May we feed and clothe our brothers and sisters in need, serving You through our **service** to them. The Love of Christ impels us.

May we join with those we visit, two or three of us together, united in prayer and **spirituality** with You. The love of Christ impels us.

Amen

30

Lord Jesus may we see Your face in all of our neighbors.

Faces of anger, like the face that drove the moneychangers from the temple. May we seek to understand and soothe their anger.

Faces of fear, like the face whose sweat turned to blood at Gethsemane. May we seek to protect those in fear.

Faces of discouragement, like the face that left Nazareth, His words dismissed by his neighbors. May we listen and encourage all voices.

Faces that weep, like the face that learned His friend Lazarus had died. May we comfort all those in sadness and mourning.

Lord Jesus may we also show Your face to all of our neighbors. May we stand tirelessly at the door and knock, offering the love and hope of Your eternal promise.

Amen

31

Lord Jesus, in anger you chased the moneychangers from the Temple; in sadness, you wept at the death of Your friend Lazarus; in discouragement you departed Your home town, where Your words had been dismissed as unimportant by Your closest neighbors.

Lord make us hear the words of all our discouraged neighbors; give them voices by giving us ears to listen.

Give us hearts to weep with all that mourn, sharing their loss, comforting them in their sadness.

We pray especially for Your healing grace, Lord. Let us not harden our hearts, set against each other in anger, but instead be joined in community, each of us loving our neighbor as ourselves.

Let it begin with me.

Amen

32

Blessed Rosalie Rendu, who climbed the barricade alone, who with the courage of your actions and power of your words inspired all to cease fire, pray for us that we may find the courage to speak on behalf of peace.

Blessed Frederic Ozanam, who taught us the power of the church as intermediary, pray for us to find the wisdom to help bring those in conflict together as one community.

Blessed Savior, we lift up our eyes to You. You have called us. Stir our hearts now to flame that we may spread Your Truth through our works, our faith, and our example of peace.

Amen

33

Lord, show us the way!

There is no earthly suffering that can be greater than Faith; no earthly tears that can be greater than Hope; no earthly fear that can be greater than Love.

Lead us to walk with our brothers and sisters, sharing their burdens. Let our will be Yours.

Lord, show us the way!

Amen

34

Lord of Mercy and Justice,

May we serve the poor in spirit, easing their material needs, and bringing them the eternal hope of Your Kingdom.

May we comfort those that weep, so that they may laugh with joy tomorrow.

May we serve the meek and lowly, offer Your gentle embrace to the forgotten, and be the voice of the voiceless.

May we always show mercy, even as we ask mercy for ourselves.

Give us, Your children, courage to be Your peacemakers and bearers of Your promise of love and forgiveness.

Amen

35

As the sun rises upon all Your creation, bringing new light and hope to this world; as the sounds of your creatures awakening surround us; each day You make all things new.

Grant us, Father, a good morning.

As the sun moves overhead, sometimes behind clouds, sometimes above the rain; as the day's own troubles surround us; each day Your hope remains.

Grant us, Father, a good day.

As the sun slips past the horizon, leaving darkness on the earth; as stillness falls upon Your creation; each night you remain, watching over Your flock.

Grant us, Father, a good night.

Until the Son rises again.

Amen

36

Lord, give me the words to comfort, the  
hands to serve, the ears to listen.

Let all my works be for love alone.

Let me be Your light.

Amen

37

Heavenly Father, we praise Your name. We  
bring our gift to the altar.

Lord Jesus, You are here. We see You in  
the faces of all who suffer. Help us to be  
selfless as we seek to relieve their  
suffering.

Holy Spirit, be our guide. Help us to offer  
our time, our talents, our possessions, and  
ourselves in our mission of charity.

Let us bring our gifts to the altar.

Amen

39

Keep me safe, Lord Jesus.  
But not too safe to hear the cries of the  
poor and downtrodden.

Grant me comfort in the storm, O God.  
But not so much comfort that I do not lend  
my voice to the voiceless.

Show me the path to life, Lord.  
And may the light of your presence lead  
others to life through me.

Amen

38

Lord God, may Your word be a light to my  
path.

Let me hear the cries of those in need.

Lord, grant me

Generosity to give to all that ask of me,

Trust in Your Providence,

And faith in Your word to light my path for  
another mile.

Amen

40

Lord Jesus you taught us not to perform  
good works in the sight of others.

Help us to seek the poor in hidden places,  
homeless, alone.

Let us serve the invisible,  
And pray for them in Your name, together  
unseen,

So that You will be there.

Amen

41

Lord in Heaven, we seek to do Your will in  
all things.

Let us bring Your charity to the poor, that  
they may be blessed,  
On earth as it is in heaven.

Let us be the voice of Your justice, that the  
downtrodden may be seen,  
On earth as it is in heaven.

Let us love our enemies until we have no  
enemies,  
On earth as it is in heaven.

Amen

42

Lord Jesus fill our hearts with the love of  
the Father,  
Little by little.

Help us to share His love as You taught us.  
Day by day.

May we love through our words and  
through our deeds.  
Person by person. Neighbor by neighbor.  
Friend and foe.

Lord Jesus fill our hearts.

Amen

43

Lord Jesus when I anger, calm me down.  
Help me to offer my other cheek.

Lord Jesus when I judge, turn my eye  
inward.  
Help me to first remove the beam from my  
own eye.

Lord Jesus when I tire, lift me up.  
Help me to carry the burden still another  
mile.

I will carry it with joy, proclaiming Your  
word,  
And I will not be afraid.

Amen

44

Christ, You told us to seek and we will find,  
To knock, and the door will be opened.  
May we knock on the doors of Your poor,  
Seeking You in the ones that answer.

Christ, who came among as one who  
serves,  
You stand at our door and knock,  
You seek us in our poverty.  
May we answer Your knock and dine with  
You.

Lord Jesus, who both knocks and answers,  
Christ, who both seeks and is found,  
May we see You, may we join with You,  
On both sides of the door.

Amen

45

Jesus, if You wish it, light my path.  
Though I walk sometimes in darkness and I  
do not know the way,  
I place my faith in You.

Jesus, if You wish it, heal my heart.  
Though some scars are from the times I  
failed to share my brothers' burdens.  
I place my hope in You.

Jesus, if You wish it, lead me home.  
Though I've fallen and I've failed, I am small  
and often weak,  
I will share this love from You.

Amen

47

Carry me when I am weak, Lord,  
If it be Thy will.

Pick me up when I have fallen, Lord,  
If it be Thy will.

Give to me all that I ask, Lord,  
If it be Thy will.

Take away all that I have, Lord,  
If it be Thy will.

I will build my house, Lord,  
Upon the firmest rock.  
Not my will but Thine.

Amen

46

Christ help me to be thankful, even when it  
is difficult; even when the gifts I receive are  
not clear to me; especially in those quiet  
times when I think I am alone.

Show me Your face, Lord, even if I have to  
seek it out; even when it is not clear to me;  
especially when it is right before me, asking  
for my help.

With Your help I will seek you; with Your  
help I will serve You; with Your help I will  
thank you.

Amen

48

Lord Jesus, strengthen us when our faith  
weakens;  
When seas of turmoil surround us;  
When we feel overwhelmed by fear and  
doubt.

Give us faith much greater than words;  
Let our will be Yours;  
Help us not just to believe but to know.

Amen

49

Father in Heaven, we celebrate and thank  
you for the gift of Your creation!

In our gratitude may we always seek to help  
all those in need share in its abundance  
and beauty.

Amen

50

Lord Jesus,

How often I fall short of Your teaching,  
Just as those around me fall short in my  
eyes.

Judge me as I judge them.

How often have my actions displeased You,  
Just as those around me sometimes cause  
offense.

Forgive me as I forgive them.

In my hours of need I seek you,  
Just as my neighbors in need seek food,  
shelter, and comfort.

Heal me as I seek to heal them.

So that we all may rise and go home.

Amen

51

Lord God, Father and Creator,  
You are great and I am small.  
How can I be worthy?  
You are rich and I am poor.  
How can I be worthy?

Lord, You sent your only Son to live among  
us.

To be small; to be poor;

To give His life for us.

Help me to follow His example

As evangelizer and servant.

Not to earn Your grace, but to follow Your  
will,

And Christ's example;

To share Your love and Your mercy;

Not seeking the worthy, but serving all  
those in need

For love alone.

Amen

52

St. Vincent de Paul, pray for us  
That our love may be creative even to  
infinity,  
Serving Christ in the least of among us,  
Just as He asked us to do;  
With unrestricted readiness to accept God's  
will  
In the outcome of all of our works.  
Amen

53

Lord, send me to proclaim Your kingdom!  
Send me to tend to the sick.  
Send me to feed the hungry.  
Send me to shelter the homeless.  
Send me to visit the prisoners.  
  
My works known only to you,  
Your mercy and peace shared  
At every door that is opened.  
Lord Jesus, send me!  
  
Amen

54

As the sun rises, shining its light upon all of  
Your creation, I can see clearly the many  
gifts You have given me, Lord.

Help me to always receive them in  
gratitude, filled with the peace of Your Holy  
Spirit to start each day.

Lord, I will share Your peace with all my  
brothers and sisters by offering forgiveness,  
compassion, and the joyful news of  
salvation.

Amen

55

Lord, come to us, with all the power and  
glory of heaven's throne.  
Lord, come to us, that we may worship You.  
  
Lord, come to us, teaching us with the  
wisdom of the ages.  
Lord come to us, that we may follow You.  
  
Lord, come to us, like a cup of cold water  
on a hot day.  
Lord, come to us, that we may share you.  
  
Amen

56

Lord, help us to be guided by Your will,  
Not frozen at this crossroads by things we  
cannot know.  
Help us to be grateful for the blessings of  
each day,  
Content to see the stone on which we  
should step,  
Patient to discover all the windings of the  
road ahead.  
Let us go in simplicity where merciful  
Providence leads us.  
Amen

57

How can I serve You today, Lord?  
In my daily work and with my coworkers,  
How can I serve the least among us,  
And lift their spirit of hope?  
How can I serve You today, Lord?  
As a parent, spouse, or child; a neighbor or  
a friend,  
How can I help my family, friends, and  
neighbors know  
That they are loved and not forgotten?  
How can I serve You today, Lord?  
For You have accomplished all that I have  
done.  
I will praise you like Sunday morning,  
Every day, and in all that I do.  
Amen

58

Saint Vincent de Paul, pray for us,  
That we may be people of prayer, simple  
and humble.

Saint Louise de Marillac, pray for us,  
That we may feel God's reassurance in  
times of doubt.

Blessed Frederic Ozanam, pray for us,  
That we may find a seed of sanctity within  
our hearts.

Blessed Rosalie Rendu, pray for us,  
That we may help those in distress,  
wherever we meet them.

Amen

59

Lord when I have prayed in sadness, You  
comforted me.  
Let me pray in hope.

Lord when I have prayed in fear, You  
strengthened me.  
Let me live in hope.

Lord when I have prayed in need, You  
provided for me.  
Let me serve in hope.

Amen

60



Lord, you make Your presence known in  
the farthest places.  
In the loneliest places, places lost and  
forgotten.  
The signs of Your presence are there.

Lord, You make your presence known in  
troublesome times.  
In times of disease, of disaster and crisis,  
The signs of Your presence are there.

Lord You make Your presence known to all  
people.  
To suffering people, to people who cry out  
in need,  
You send us as signs of Your presence.

Amen

61

Lord, we thank you for Your bountiful  
creation.  
When we toil it is with joy,  
For the rewards of all our labors  
Also are Your creation.  
We give our second coat to one who has  
none,  
Knowing that it truly is provided by You.

Lord, we thank you for Your bountiful  
creation,  
When we toil it is with joy,  
As long as we seek to do Your will.  
Our pockets may be empty, and our  
cupboards bare.  
But all that we need has been created.  
We trust in Your Providence.

Thy will be done.

Amen

63

We pray today for the lonely; for all who feel  
lost and forgotten; for all who seek refuge in  
pills or bottles; for those whose souls thirst  
for You.

Lord, roll away their stone of anxiety or  
addictions.

Let us be Your messengers, let us be  
visible signs of Your love.

Amen

62

Lord, open my eyes that I may see.  
Let me see the face of Your creation.  
In all people on whom the sun shines;  
In all upon whom the rain falls.

Help me to serve and not be served;  
To comfort and not seek to be comforted.  
Lord, let me help to open eyes;  
Let me be Your light.

Amen

64

Lord help me find the way  
To let today's troubles be enough for today  
To let go of anxiety about things that do not  
last

Lord You already have shown me the way  
By all Your words and deeds  
To share my second coat, to turn my other  
cheek,  
To shelter the homeless, to feed the  
hungry.  
Seeking not to be served but to serve.

Amen

65

I awake with joy to the light of Your creation  
I walk softly on this good earth,  
With gratitude for all You provide  
That I share with my brothers and sisters

I serve with hope in the light of Your love  
That I receive with gratitude  
And share freely  
For in giving it is multiplied

I rest in peace at the end of this day  
Comforted by Your Word  
The day's own troubles have been enough  
Tomorrow's gifts await.

Amen

66

Lord, give me the faith to be an instrument  
of hope.

Lord, give me the hope to act for love  
alone.

Lord, You have given me Your love;  
Love that is multiplied as it is shared;  
Love that never fails.

Amen

67

Lord, I cry out for Your help in difficult  
times.

When I am in fear, You comfort me.  
When I am in need, You provide.  
I thank You and praise Your name.

Lord, You are here when times are good.  
When I work hard and achieve,  
When my plans come to fruition,  
I thank You and praise Your name.

Lord let me comfort and provide,  
To others in fear or in need,  
So that they may see You and praise You.  
I thank You and praise Your name.

Amen

68

Jesus, my Lord and Savior  
... in the brightness of day  
... in the darkness of night  
... when the seas are stormy  
... when the water is calm  
... in my wealth and in my poverty  
... in my sickness and my health  
I praise You and I know that You are here.  
Always.

Amen

69

Lord, I seek to follow You,  
To be a cheerful giver to those in need.  
Through clouds and shadows; through  
deepest night,  
I will not walk in darkness, but in light.  
Past crashing waves, through wind and  
thunder,  
I will listen for the tiny whispering sound of  
Your voice.

Amen

71

Lord Jesus, Your radiant glory shines  
before us,  
Lighting our path in the darkness, showing  
us the way.  
We will be Your hands along the way,  
serving those lost in the darkness  
Of hunger, sickness, loneliness, and other  
troubles of this world.  
May the small relief we offer them be a light  
in the darkness,  
A spark of hope that helps reveal Your true  
Light.  
Together may we turn our eyes to You.

Amen

70

Lord Jesus I follow in Your path and serve  
You  
In the poor, the hungry, the least among us.  
Lord, I follow and serve You, but not alone.  
Together we serve, together we pray,  
Together we gather in Your name,  
Knowing our prayers will be heard,  
For You are there.  
Amen

72

Lord make me Your instrument,  
I will keep Your laws and proclaim Your  
glory.  
I will be Your faithful servant,  
And servant to all Your children,  
For love alone.  
Amen

73

Jesus, Lord and Master, I will feed You  
when You hunger,  
There among the people I look past.

Jesus, Lord and Master, I will care for You  
when You are ill,  
There among the people I look past.

Jesus, Lord and Master, I will seek You in  
the storm,  
Grant me the grace to see You with new  
eyes.

Amen

75

Lord Jesus, in darkest night and brightest  
day, I see You clearly.  
Through thunderstorms and tranquil  
mornings, I hear You clearly.  
In the hearts of others, and my own, I come  
to know you daily.  
Amen

74

Today we pray  
For faith enough to move mountains,  
For hope enough to leave no room for fear,  
For love enough to multiply as we share it.  
Amen

76

Lord, we pray today not to tell you our troubles nor to seek Your help.

We pray only to thank You for the beauty of Your creation; what we have is enough, what we seek is Your Kingdom, what we do is in Your name,

What we need You can see in the reflections and thoughts of our hearts.

Amen

77

Lord God, Your love is everlasting,  
It fills me to overflowing  
So that I may give that love in turn  
With the strength of my arms and the sweat  
of my brow  
May Your love, through me, set people free.  
Amen

78

God of our fathers,  
We keep You at the center of our lives.  
Through You we see the light through the darkness,  
The sunshine through the rain,  
The hope through our anxieties.  
Help us to shine Your light before others.  
Amen

79

Lord help me to remember where my treasure lies;  
Not in the things that build my reputation, my comfort, or my influence.  
Lord help me to serve the poor with more than just bread, more than just shelter, more than just things.  
Lord, transform my heart. Let me seek the Kingdom first. Let me share Your light.  
Let me serve for love alone.

80

Today we pray for all those who have lost a  
loved one,  
Whether through illness, accident, or  
violence.  
We pray for them, overwhelmed with  
sadness of knowing  
That nothing will ever be the same.  
May they find hope in Your promise,  
And look forward to union with You and  
their loved ones.  
Blessed are those that mourn.  
Amen

81

Father, we pray for the virtue of gentleness,  
Seeking to understand all whom we meet,  
and all whom we serve,  
As we would a brother or sister.  
May we always offer our purest patience  
and good will,  
May we never waver in our kindness, that  
we may bring to others  
A glimpse of Your gentle and eternal love.  
Amen

82

We pray today for the stranger - alone,  
unseen, seeking shelter.

Lord Jesus, help us to welcome the  
stranger, help us not to say, "I do not  
know you."

Lord Jesus, we are not strangers ourselves,  
for You walk with us always.

When we welcome the stranger, You are in  
our midst.

Amen

83

Anoint me, Lord, that I may bring Your  
Good News to the poor.  
Let them see Your face in the crust of bread  
that I give,  
Feel Your warmth in the blanket that I  
share,  
Know Your love through my presence in  
Your name.

Amen

84

Today we pray that we may act with the  
mind of Christ.  
May we receive the gifts of the spirit,  
And repay them with acts of charity.

Amen

85

Today we pray to be active parts of God's  
plan.  
May we plant seeds of hope, watered by  
love,  
With faith that God will nurture them to new  
life.

Amen

86

Lord, in deep waters we will cast our nets,  
Just as You have said,  
For all the earth belongs to You.  
Let Your Word be read in our works,  
And may Your people know You through  
our love.

Amen

87

Today we pray for the hopeless;  
For all those living with their own bad  
choices; in poverty, or in wealth,  
Believing there is nothing more.  
Alone.

Lord, make us instruments of Your hope.  
May we share our time, our possessions,  
our talents, and ourselves.  
We will offer nothing less.  
To bring them home.

Amen

88

We pray today for all those in doubt.  
May they hear the Father's call to faith.  
We pray for all those Who feel lost.  
May they see Christ's example of hope.  
We pray for all the lonely and abandoned.  
May they feel the Holy Spirit's complete and  
everlasting love.  
Amen

89

Lord Jesus,  
I will seek the Kingdom first, and place my  
trust in You,  
My hands will be Your instruments, my  
spirit born anew.  
Amen

90

Lord Jesus,  
Help me offer my other cheek, to give  
without thought of repayment;  
To serve Your poor without judgment, lest I,  
too, be judged;  
To act with mercy and compassion, to act  
for love alone.  
Lord Jesus,  
Let these actions be my prayer.  
Amen

91

Lord Jesus, give us eyes to see all those  
whom we walk past, our eyes fixed on  
our own destinations, our own needs.  
Let us see You and serve You in those who  
watch us walking past, their eyes  
begging silently for mercy.

Amen

92



Mary, Queen of Saints, pray for us!

Pray that the Lord will help us to see  
That none are alone in need or despair;  
That each can respond to another's prayer;  
That our gifts and our needs are both given  
to share;  
Together in spirit all burdens we bear;  
As parts of the Body of Christ.

Amen

93

I praise You Lord Jesus, for You are before  
me.  
Your real presence in the Eucharist  
nourishes me.  
I follow You Lord Jesus, for You are before  
me.  
Your real presence in the world strengthens  
me.  
I serve You, Lord Jesus, for You are before  
me.  
Your real presence in the poor forgives me.

Amen

94

Fill me with Your Spirit, Lord, and let Your  
will be mine.

Give peace to those who hunger, and I will  
bring them food.

Give hope to the homeless, and I will give  
them shelter.

Give comfort to those who weep, and I will  
do the same.

Fill me with Your Spirit, Lord, and let Your  
will be mine.

Amen

95

Shall I be Your feet as we take up our  
cross?  
Your feet shall balance the burden.

Shall I be Your back as we take up our  
cross?  
Your back shall bear its weight.

Shall I be your hands as we take up our  
cross?  
Your hands shall keep it from slipping.

Shall I be Your heart as we take up our  
cross?  
Your heart shall love all for whom we bear  
it.

O Lord, together we bear this cross,  
For alone the cross bore You.

Amen

96

Lord when my stomach was full and my  
home was warm - in the midst of  
abundance, I did not see You.

Lord when my stomach was empty and I  
had no home – overwhelmed with need, I  
did not see You.

Lord help us share our possessions and our  
love, so the things of this earth will no  
longer blind us.

Together we will see You clearly, and we  
will be abundantly blessed.

Amen

97

This is the day that the Lord has made,  
And we are all people of God.  
Let us serve one another in the light of this  
day,  
With selflessness, mercy, and love.

Amen

99

By the light of Your day I awake from my  
sleep  
Like a child.

I stare in wonder at the beauty of Your  
creation  
Like a child.

And I will feed the hungry, and welcome the  
stranger.

I will do what you ask of me, Heavenly  
Father.

Like Your loving child.

Amen

98

Lord Jesus,

In serving the poor with mercy and love,  
I know that You served them first.

In facing my own mortality,  
I know that You have died first.

In living my faith I cannot fail,  
If only I keep You first.

Amen

100

Lord, if it is Your will,  
Give me strength today, to do good works  
for others.  
Give me joy today, so I may share it with  
others.  
Give me love today, so I can give it to  
others.

Lord, if it is Your will,  
That I be weak, or sad, or lonely today,  
Grant Your gifts to all the others,  
So that I may receive Your gifts through  
them.

Amen

101

Lord, I love You above all things.  
You open my eyes to the good that  
surrounds me.  
Your peace replaces my anxieties.  
When others have fallen, and are in need of  
mercy,  
I will be the neighbor.

Amen

102

Lord, you knit me in the womb, you know  
me to the depths of my being.  
I am made in Your image so that I can  
know you, and love You above all things.  
Guide me to the side of all who feel  
abandoned, forgotten, and alone,  
So that I may know them, and they may  
know You through me.  
United in the unconditional love of family,  
we will thank you for the wonder of our  
own creation.

Amen

103

Heavenly Father, we praise You above all  
else.

We seek to do Your will in building Your  
kingdom.

We thank you for the beauty of creation that  
includes every one of us.

*Each of us is willed, each of us is loved,  
each of us is necessary.*

And so we act with mercy, forgiveness, and  
love,

And ask Your mercy on us.

Amen

104

Lord Jesus, dwell in our hearts.  
With the Holy Spirit, give us strength.  
May we light hearts on fire with the Love of  
God.

Amen

105

Heavenly Father, in times of need we cry  
out to You  
Laying our troubles at Your feet,  
Knowing that if we ask it will be given.  
Help us to hear the cries of the poor,  
And to give when it is asked of us.  
Let us be Your answer to their cries.

Amen

106

Lord,

If I do good works in Your name,  
Let my name remain unknown.

Instead may those works lead people to  
You, the source of all good.

And I will follow, at the end of the line,  
Small, and grateful, and joyful.

Amen

107

I will praise Your name, Christ Jesus, for  
You are truly Lord.  
In Your footsteps I will follow, for You were  
truly man.  
In my actions and intentions,  
In my heart and in my soul,  
On earth as it is in heaven,  
Amen

108

Lord help me to receive Your gifts with  
gratitude  
And to share them willingly,  
Knowing Your gifts are not mine alone.  
Lord help me to listen for the cries of the  
poor,  
And to serve them with mercy and love,  
Knowing their suffering is not theirs alone.  
Amen

109

Lord, You are my shelter from the storm  
And I will not be afraid, for You are with me.  
And when the rain falls on my neighbor  
You are the umbrella I can share.  
And he will not be afraid, for we are with  
him.

Amen

111

The beauty of Your creation slowly fills the  
sky,  
In colors warm and bright; making all things  
new;  
As I sit with You in stillness.  
Sounds and movement gradually surround  
me,  
Stirring me to action for the day,  
But Your peace remains within me,  
Knowing that the Son will rise again.  
Amen

110

Heavenly Father, hear my song of praise  
Jesus, Lord and Savior, save me by Your  
grace.  
Holy Spirit live within me all my days.

Amen

112

Lord, today we pray for all those with serious and chronic illnesses. Those who each day struggle just to perform routine tasks; those who need to be helped; those in constant discomfort and anxiety; who sometimes feel invisible as their social circles shrink.

Bring them Your peace, Lord. Ease their burdens with the promise of eternal hope. Send us to them with good cheer. And if it is Your will, heal them.

Amen

113

Heavenly Father, help us to be faithful servants.

With faith as our light in the darkness,  
With hope as the path that we tread,  
With love we are given to share,  
May we welcome all Your children to join us,  
And be ready at the hour of Your return.

Amen

114

Lord, we have answered Your call  
To serve one another,  
To bear with one another in love.  
You call us to the one true hope.  
Help us to be worthy of Your call.

Amen

115

I will feed my hungry neighbor  
For the love of God

I will clothe my shivering neighbor  
For the love of God

I will see my lonely neighbor  
For the love of God

I will be the neighbor  
For the love of God

Amen

116

Feed me, O Lord,  
I hunger for Your Word.

Choose me, O Lord,  
As an instrument of Your Word.

Send me, O Lord,  
To feed all those who hunger.

Amen

117

Lord, make me small and unimportant, but  
filled with the light of Your hope.

Empty me of doubts and of self-regard, and  
fill my heart with faith.

Empty and small, I will be a vessel to share  
Your love in the world.

Amen

118

Christ Jesus, Your poor cry out in need.  
Let me be Your ears.  
Let me serve them when it is difficult,  
With all the strength of my arms.  
Lord Jesus, Your poor cry out in need.  
Let me be Your heart.

Amen

119

Lord, we pray today for those who are  
seriously ill and hospitalized.  
Lay Your healing hands upon them, and in  
Your wisdom  
Bring them healing, give them peace, call  
them home.

Amen

120

Lord, we thank you for this good day.

We thank you for the sun that rises on both  
good and bad,

And for the rain that falls on the just and  
unjust.

May we seek not the sunshine but  
goodness and justice.

In the name of Your Son Jesus Christ.

Amen

121

Lord,

Help me to act with mercy  
towards all,  
With gratitude in all  
circumstances,  
And with joy in Your  
everlasting love.

Amen

122

Joyful, we adore You, Lord!  
Our clouds have parted, our burdens are  
shed.

And until You come again, we will serve  
You

In the persons of all our neighbors  
With joy in the Love of Our Lord.

Amen

123

Lord grant me patience, and may others be  
patient with me.

Lord grant me gentleness, and may others  
be gentle with me.

Lord, grant me kindness, and may others  
be kind to me.

Lord You have made Yourself known to me.

May others know You through me.

Amen

124



Heavenly Father, dwell  
within me.  
So that I may be a temple  
of the Lord  
In body and in spirit.  
Amen

125

Lord Jesus,  
With the fire of Your spirit within me,  
The hope of Your promise before me,  
And the good earth beneath my feet,  
I will love and serve You,  
And I will not be afraid.  
Amen

126

Help me, Jesus, to find the way  
Lead me down the right path  
Past all the things of this earth  
Into the light of Your promise  
Amen

127

Heavenly Father,  
  
Today we pray for those who reject us,  
those who hate us.  
  
Help us as we seek to understand them  
with love,  
  
To bring them Your word through our  
example,  
  
To serve them when they are in need,  
  
And to see in them the face of Your son,  
Jesus Christ.  
  
Amen

128

Jesus, Lord and Savior,  
When I awake, you are here,  
Ready to walk with me through my days.  
May I always walk in truth,  
With love for the other.  
Amen

129

Heavenly Father,  
We pray today for the invisible;  
The homeless, alone and forgotten.  
Lord, please let me see.  
Amen

130

Lord Jesus, I will walk with You  
In my thoughts and in my deeds  
In the least among us  
And in those most in need of Your mercy  
Lord Jesus, walk with me.  
Amen

131

Lord, from Your providence I have  
received everything.

Help me to find the one who needs  
my second coat.

Help me to give to the ones who  
do not ask,

As thanks for all I've received from You  
without asking.

Amen

132

Jesus Christ, Son of God,

From whom all good things come,  
In whom lies our true hope,  
For whom we serve the least of us,  
By whom we are redeemed,  
To whom goes all the glory,  
Through whom we pray for all of us,  
Have mercy on us, grant us peace,  
Until You come again.

Amen

133

For light in the morning, for dark at night,  
I thank You, Lord, I thank You!

For the summer sun and the winter frost,  
I thank You, Lord, I thank You!

For a child's love, for a parent's toil,  
I thank You, Lord, I thank You!

For all my joy, for sadness, too,  
For all the things that lead to you.  
I thank You, Lord, I thank You!

Amen

135

Jesus, grant us simplicity in our thoughts  
and our actions.  
Help us to offer words of comfort and truth  
To all those that we serve.  
Amen

134

Heavenly Father,

May we always seek to do Your will,  
In the words of Christ we believe.

May we empty ourselves in service,  
In the mind of Christ we share.

May we do these things for love alone,  
In the name of Christ we pray.

Amen

136

Jesus Christ,

You are my rock and my salvation.  
My shelter from the storm,  
All that I have is built on this foundation.

Help me to do Your Father's will,  
Inviting all those I serve  
To share in the Kingdom.

Amen

137

My soul rejoices at the coming of the Lord  
He beckons me to join Him  
So that together we may be servants  
For love of the Father alone

Amen

138

Lord Jesus,

Though storms, disease, and hunger may  
lie ahead,  
I will not be afraid.

Though abundance, health, and happiness  
may be mine,  
I will not be prideful.

For Yours is an eternal promise that I am  
free to choose.  
I will serve in hope, and I will not be afraid.

Amen

139

Lord, we thank you for all of Your many  
gifts to us.  
May we always receive them in humility  
And share them freely,  
Knowing that nothing is possible except  
through You.

Amen

140

Jesus dwell in our hearts!  
In the storms that surround us,  
The anger and bitterness of this world,  
Let us be the gentleness that calms,  
And the love that heals.  
Amen

141

Holy Spirit enkindle the flame in our hearts!  
Give us the zeal to seek the full flourishing  
Of all those we serve, lighting hearts on fire,  
And leading them, in love, to seek Your  
Kingdom,

Amen

143

Heavenly Father, we pray for all those in  
need.  
May we always offer them our time,  
our possessions, our talents, and  
ourselves.  
Not for credit or reward, but selflessness.  
For love alone.  
Amen

142

Lord Jesus,

What we give to the poor is multiplied  
When we give it in Your name.

When we serve the poor it's for love alone,  
When we serve them in Your name.

And You are there at each home we visit,  
When we gather in Your name.

Amen

144

Lord Jesus,  
You asked us not just to talk but to do,  
To serve the least among us as if they were  
You.  
We hear You and we answer You  
By doing what you ask.  
And there You are among us when we do.  
Amen

145

Here I am, Lord. I have been called.  
To serve those in need, what I have is  
enough.  
My possessions, my time, and myself are  
Yours.  
And when I am the one in need,  
Here I am, Lord.  
With trust in Your providence, I will not be  
afraid.  
Amen

146

Lord Jesus

I am humbled in the light of Your presence  
Made small by the gift of Your grace  
I rejoice each time that I serve You  
In the neighbors who show me Your face

Amen

147

Come to us, Lord Jesus, like a knock upon  
the door.  
Knock and we will answer.

Come to us, Lord Jesus, like an infant in a  
crib.  
Sleep and we will watch over You.

Come to us, Lord Jesus, like the early  
morning light.  
Wake us from our slumber.

Amen

148

Lord Jesus, draw us near to you  
Your people long to see Your face  
Call us from the park bench,  
Shivering in the cold,  
Lord Jesus forgive us  
For the times we did not see You there.  
Amen

149

Christ Our Savior  
Lead us from darkness  
That we may walk in Your light  
In friendship with each other  
In service to the least of us  
In union with the Holy Spirit  
Amen

150

Lord Jesus, we hear You calling us  
Not to be served but to serve,  
Not to be large but to be small,  
Not to receive but to give,  
To walk just as You walked.  
May Your example and sacrifice  
Give us strength for the journey.  
Amen

151

Today we pray for the lonely  
Cut off, by circumstances or by choice,  
From community and companionship.  
Lord, lead us to them.  
Let us offer them our time to share,  
Our ears to listen,  
Our voices in gentle response.  
Amen

152

Father, strengthen us on our journey.  
Through our faith may You be seen.  
Through our hope may Your promise be  
heard.  
Through our love may You be among us.  
Amen

153

Lord Jesus lead me to discover  
Those who hunger, those who fear  
Help me overcome my own fear  
And serve for love alone.  
For there is no fear in love.  
Amen

155

Lord, give us our daily bread.  
Through Your Divine Providence,  
May what we receive be enough  
To share with all those who hunger.  
Amen

154

Father, fill me with Your love  
Help me to control my anger  
So that I do not deny You  
By withholding love  
From my brothers and sisters  
Amen

156



Lord, if you wish, you can heal me.  
Have mercy on me, O Lord.  
In the cry of the poor  
I hear my voice and Yours  
Asking for food, for mercy, for love  
I will serve them, O Lord, as you wish.  
Amen

157

Lead and we will follow, Lord  
Together on the path  
  
We preach Your word by serving  
We serve for love alone  
  
And we'll continue onward, Lord  
Together on the path  
  
Amen

158

Lord Jesus help me to be gentle  
To greet all with kindness  
To listen to all with patience  
To serve all with good will  
To bear witness to Your love  
  
Amen

159

Lord, help me pray through my actions;  
To be grateful when things don't go well;  
To forgive when I feel I've been wronged;  
To help when it seems undeserved;  
To be grateful for all that I have.  
  
Amen

160

Father in Heaven,  
For Your own sake,  
May I serve my neighbors,  
Visible and invisible,  
Created in Your image,  
For love alone.  
Amen

161

O Lord remember us, Your servants  
Seeking to do Your will,  
And to serve our neighbors,  
When our labor is done,  
May we dine at the table with You.  
Amen

163

Heavenly Father,  
You greet me with light each day  
You comfort me when clouds gather  
You warm me when the snow falls  
You cool me with a gentle breeze  
I thank You, Lord, with boundless joy.  
Amen

162

Come, Holy Spirit, fill my heart.  
Help me to be gentle,  
Help me to listen,  
Lead me to serve for love alone.  
Live within my life.  
Amen

164

Jesus Christ, Son of Man,  
Who told us to serve the least among us;  
Who told us to act with mercy;  
Who told us to love one another;  
Who came not to be served but to serve;  
Who shows us the way,  
Who tells us the truth,  
Who brings us to everlasting life,  
We offer you thanks and praise.  
Amen

165

Lord Jesus, you call my name  
I hear, and I will follow  
With faith in Your promise  
And hope for new life.  
Christ Jesus, I hear Your voice  
When Your poor cry out to me  
I hear, and I will follow  
Serving them in hope.  
Amen

166

St. Paul, pray for us,  
That we may see the light  
And hear Christ's voice;  
That the scales will fall from our eyes  
So we can see Him before us  
At every home visit  
Amen

167

Lord grant that I may accept  
Your gifts, Your graces, Your love  
And return them a hundredfold  
To You in faith  
To my neighbor in hope  
To all in love  
Amen

168

St Vincent de Paul, Apostle of Charity, who  
once said,  
“If we do not help the poor, where will they  
turn?”  
Pray for us, that we will share freely  
Our time, our talents, our possessions, and  
ourselves,  
With generosity and with love,  
As all God’s gifts to us are meant to be  
shared.  
Amen

169

Lord God, all powerful and ever living,  
Who gave us the sun and the earth,  
Who gave us the gift of life,  
Whose love is everlasting,  
As a sign of Your great power  
I will do one small thing  
For my neighbor  
For love alone.  
Amen

170

In the name of the Father  
May we see one another

In the name of the Son  
May we serve one another

In the name of the Holy Spirit  
May we love one another

Amen

171

Lord Jesus,

You wore this cloak of humanity humbly,  
Showing us how to live on this earth, but of  
the Kingdom.  
Help us to follow Your example  
To serve and not to be served  
To store up our treasure in heaven  
And to wear our poverty humbly

Amen

172

We praise You and thank You, Lord,  
Whose mercy endures forever,  
From whom all blessings flow..  
You have blessed us, Lord, with many gifts.  
Bless us to become the givers.

Amen

173

Lord Jesus, bless the crosses we bear,  
As we seek to follow in Your footsteps.  
May our burdens lead us to You.  
Amen

174

Father in Heaven,

You have blessed me abundantly  
Thank You for granting me  
Gifts too numerous to count  
Help me also, in my times of need,  
Not only to know Your love,  
But to welcome the trials  
That lead to You.

Amen

175

Lord God

In whom I place my trust,  
From whom all blessings flow,  
To whom I offer praise and thanks,  
Help me to unfurrow my brow.  
May I offer only a face of good cheer,  
So that everybody who sees me  
Will be comforted even without words  
By the joy of Your kingdom

Amen

176

Saints and martyrs, pray for us!  
May God give us the strength  
To give back to Heaven all we have  
    received,  
Little by little, every day of our lives.  
Like incense burning slowly on the altar,  
Let us offer our whole lives to God.  
Amen

177

Help me bring the miracle of hope  
To all those in need  
May they overlook my weakness  
And see instead Your face.  
Lord I offer You my brokenness.  
In Your mercy, heal me.  
Amen

178

Lead and we will follow, Lord.  
We will not be afraid.  
For we walk by faith,  
We serve in hope,  
We share Your love.  
Amen

179

Lord, give me eyes that see the poor;  
Especially the strangers, the invisible  
    people.  
Give me ears that hear their cries of need;  
Of hunger, thirst, or loneliness.  
Give me a heart that will love them  
In word and in deed, as You have loved  
    me.  
Give me hands willing to work  
To feed the hungry, to shelter the  
    homeless,  
To welcome the stranger.  
Amen

180

Lord Jesus, cure me.  
Take away all that blinds me  
To the beauty of Your creation,  
In all its lights and colors,  
In all its shapes and forms.  
It lies outside my fears,  
Outside my cloak of ego.  
Lord Jesus cure my blindness.  
Amen

181

Lord Jesus let us walk in Your way  
Bearing with us the fruits of the Spirit  
May we offer the bread of life to all who  
    hunger  
May they sit with us at Your table  
In the love of God the Father  
Amen

183

Hear us and heal us, O Lord  
If it is Your will.  
Help us to hear the cries of need  
From all of Your children  
Help us to ease their burdens  
Because it is Your will.  
Amen

182

Father, I offer You my whole heart.  
I praise and thank You  
With my words, and in my actions  
Have mercy on me,  
Forgive me as I forgive others.  
Amen

184

Lord Jesus, You stand on the street  
Dressed in rags, hungry, begging.  
Who do the people say that You are?

Asking for help, again and again.  
Who do we say that You are?

Help us, Lord, to see it is You  
In all the neighbors we serve.

Amen

185

Father in heaven, forgive us  
For what we have done without knowing.  
Help us to know Your will in all things.

Jesus Christ, who became one of us,  
Through the example of Your words and  
deeds  
Lead us to follow Your path on earth.

Come, Holy Spirit, live within us.  
Light our hearts on fire with the love of God  
That impels us to serve our neighbors.

Amen

187

Father, I offer my prayers  
For all who have offended me  
For all who have lied or hurt me

In Your name I offer them my forgiveness,  
My love, and my other cheek.

And I ask Your forgiveness, O Lord,  
For the times I have failed to forgive.

Amen

186

Lord thank You for the many gifts You have  
given me;  
For my talents, for my possessions, and for  
Your love.  
Help me to live always as if I am grateful,  
And to do unto others as You have done for  
me.  
Amen

188



Bless us, O Lord, as we are  
Standing before You, broken and small.  
May Your infinite mercy heal us.

Make of us, Lord, what You will  
As we empty ourselves of self  
Live within us, create us anew.

Amen

189

Lord,

For each time I was selfish,  
Remember when I shared of myself.

For each time I judged others harshly,  
Remember when I offered them mercy.

Measure me at my best, O Lord,  
For what I have shown I can be,

And for all my brothers and sisters  
I will go and do the same.

Amen

190

Lord, I am overwhelmed with gratitude  
For the many gifts you have given me  
They are more than one person can bear  
Help me always to remember, Lord,  
That these gifts are given to share.  
Amen

191

Lord Jesus, I speak Your words;  
To turn my other cheek,  
To serve and not to be served,  
To offer You praise and thanks,  
And to seek first the kingdom.

Help me speak Your word quietly;  
Through my humility, unnoticed,  
Through my prayers, in private,  
Through my service, for love alone.

Amen

192

Blessed Mary, pray for us!  
May we seek to do God's will  
In humble obedience  
And faith that with God  
All things are possible.  
Amen

193

Christ, who came among us  
As one who serves,  
Help me to be small;  
To offer myself humbly;  
To put the needs of others first;  
To serve and not to be served.  
Amen

194

Lord Jesus, take my measure.  
Have I seen the poor man on my doorstep?  
Have I treated him with mercy?  
Have I tended to his wounds?  
Have I fed him my meal, and eaten the  
scraps myself?  
Lord, where I have fallen short,  
Help me to grow.  
Amen

195

Lord God, I come to you in weakness,  
Fill my heart with your strength.  
I pray to you in sorrow,  
Fill my heart with your joy.  
Pour me out upon the ground, Lord,  
So I may be filled again with you.  
Amen

196

Lord, make me an instrument of your  
charity  
Where there is hunger, let me bring food,  
Where there is thirst, let me bring water,  
And where there is loneliness,  
Where there is mourning,  
Where there is despair,  
Let me bring you  
In me.  
Amen

197

Lord Jesus, shine your light upon my path.  
Though I may stumble,  
Though I may feel lost,  
Though I may weary from the journey,  
Your light is everlasting.  
It keeps me warm, and shows me the way.  
Amen

199

Lord, may I step with faith on each stone  
ahead,  
Across rapid streams, or on muddy paths.  
Allow me to see only that each stone  
Reveals your will to me.  
With trust in your Divine Providence  
I will walk with confidence, with hope,  
And with you.  
Amen

198

Lord Jesus, here among us,  
Our faith does not waiver.  
Grateful for Your many gifts,  
Our hope is undimmed.  
May those we serve come to know You  
Through Your great love that we share.  
Amen

200

Lord Jesus, You are here;  
Present to me in the neighbors I serve  
Visible to me in their faces,  
Beloved in my heart.  
Lord Jesus, let me make You known;  
From the depths of my heart,  
Visible in my actions,  
Present in the love that I share.  
Amen

201

Lord Jesus,  
I seek to serve You in the least among us,  
To feed the hungry only because they  
hunger.  
Judge me, Lord, as I judge them.  
Feed my soul, which hungers for You.  
Amen

203

Have mercy on me, O God,  
In all my weakness and afflictions.  
Lord Jesus, upon Your word,  
I will arise and walk,  
Seeing the world with new eyes.  
Help me always to walk in faith,  
To act with mercy,  
And to serve in hope.  
Amen

202

Lead and I will follow, Lord,  
Your way will become my own.  
Speak, and I will listen, Lord,  
I seek only to know the truth.  
Through Your way and truth  
May I live in hope  
Of everlasting life.  
Amen

204

Lord Jesus,  
Who put on this cloak of humanity,  
I seek to follow Your example;  
To serve and not to be served.  
Look past my failings, O Savior,  
To the love in my heart for the Father,  
So that, in union with You,  
I may share in the cloak of Divinity.  
Amen

205

Lord, help me to see Your suffering  
In the faces of those that I comfort  
May they bring me closer to You.  
May Your face be seen through my own,  
So that it is You who comforts all sorrows  
With the great joy of Your presence and  
love.  
Amen

206

Heavenly Father,  
Take care of the ones we did not see;  
There in a doorway, there all alone,  
There on a bus stop bench.  
In need of warmth, in need of food,  
In need of a friendly smile.  
Care for them, Lord,  
By helping us see.  
Amen

207

Heavenly Father,  
In my trials You are my comfort  
I know You in my joys  
I seek you in life's turmoil  
And in silence hear Your voice  
Help me, O Lord,  
To do what is pleasing to You.  
Light my path, and I will walk it  
Unafraid.  
Amen

208

When my burdens are heavy,  
And my path is steep,  
Show me the way, O Lord.

When my burdens are lifted,  
And the path is easy,  
Show me the way, O Lord.

Though I may stumble,  
And I may fall,  
I will follow where You lead.

Amen

209

My prayers cry out to You, Lord.  
Hear Your unworthy servant,  
And grant me Your mercy and grace.

When a voice cries out for help, Lord,  
Give me the ears to hear the cry,  
And give me the heart to help.

Amen

210

Jesus, among us as man,  
Made to hunger, made to thirst,  
Made to weep and to suffer,  
How can I come to know you  
Except by the suffering of Your children?  
How can I come to serve You  
Except by serving them?  
You, we will always have with us  
When we gather and serve in Your name.  
Amen

211

Heavenly Father,

Give me the courage of faith,  
So that I offer my other cheek,  
Unafraid.

Give me the strength of hope,  
So that I suffer all things for You,  
Undeterred.

Give me the power of love,  
So that I share it with friend and foe,  
Undivided.

Amen

212

Lord Jesus, risen from the grave  
My heart is filled with hope.  
May I love and serve You  
With the strength of my arms  
And the sweat of my brow  
As witness to Your promise  
Amen

213

Lord, give me new eyes  
So that I may see Your goodness  
Throughout the earth  
Lord, give me new eyes  
So that I may see Your face  
In my brothers and sisters  
Lord, give me new eyes,  
Fill my vision with hope  
My soul awaits You, Lord  
Amen

214

Lord Jesus, living Son of God, be with me  
on this path  
Let me see you there on the side of the  
road  
Your hands outstretched, Your eyes upon  
me  
In Your name I will speak, In Your name I  
will hear,  
In Your name I will "Rise up and walk."

Amen

215

Come to me, Jesus, dine at my table.  
Come to me, Jesus, risen from death.  
Come to me, Jesus, that I might serve You.  
Come to me, Jesus, bring me to life.  
Amen

216

Father in Heaven,  
Help me to hear Your voice  
From the singing of the birds  
That greet me  
To the groaning of the poor  
Who beckon me  
Here I am, O Lord  
Ready to do Your will.  
Amen

217

Heavenly Father  
I seek to know You  
And to do Your will  
Be patient when I stumble  
Be patient when I fall  
Your hands reach out for me  
My hope in all things  
My reason for the journey  
Amen

219

Holy Spirit, giver of life  
Live within me  
Make me whole  
May Your light shine through me  
My works be Yours  
Your will be done  
Amen

218

Lord, help me to hear the cry of the poor  
May my face radiate the joy of Heaven  
May my hands offer comfort,  
My words offer hope,  
My acts be for love alone,  
As we seek our refuge in You.  
Amen

220



Thank you, God, for the gifts of the Spirit.  
May they help me to see Your truth,  
To know Your will,  
And to love You fully.  
Lord share these gifts, through me,  
With all the brokenhearted,  
And with the poor in spirit,  
So they will come to know you, too.  
Amen

221

Lord, through Your abundant providence;  
My doubt is replaced with faith.  
Christ, through Your life and sacrifice;  
My fear is replaced with hope.  
With the Holy Spirit, living within me,  
I, myself, am replaced with love.  
Amen

222

As I awake from sleep, Lord,  
The sun shines upon me  
Turning the night into day  
It shines undiminished  
On all who seek it  
Like the light and warmth of Your love  
Amen

223

Lord Jesus,  
Nourish me for the journey.  
Fill me with life and light  
So that all who hunger  
May join me in this meal  
And through the Bread of Life  
Will never hunger again.  
Amen

224

Help me to know You today, Lord.  
Help me to see Your face.

Help me to know You today, Lord.  
Help me to hear Your voice.

Help me to love You today, Lord.  
Help me to do Your will.

Amen

225

Pray for us Blessed Frédéric Ozanam,  
And for the Society you founded.  
May we act always with the same humility  
You showed in your time on earth;  
May we be the body of Christ's church,  
Serving the poor as He did;  
And may we go in simplicity  
Where merciful Providence leads us.

Amen

227

A seat at Your table is all I seek  
To share in the living bread.  
Help me to know Your will, O Lord,  
Help me to know Your will.

With all who hunger, with all who seek,  
Help me to share this bread.  
Not my will, but Yours, O Lord,  
Not my will but Yours.

Amen

226

Lord Jesus, lead me  
Carry me when I have fallen  
Find me when I am lost  
Call out to me when I wander  
Lord Jesus, lead me home

Amen

228

Father in heaven, creator of all things,  
Have mercy on Your creature.  
Let Your Spirit live within me,  
Your mercy shine through me,  
Your love be my purpose,  
On earth as it is in heaven.  
Amen

229

Father in Heaven,  
Who sent Your only Son,  
To serve and not to be served,  
That You might be known  
Through His love.  
Send me, too.  
Amen

231

Lord Jesus,  
You are light in the darkness,  
You remove all doubt and fear.  
As I walk my path  
Let me offer Your light  
To all those in darkness  
And may this path lead us to You  
Amen

230

Christ, among us as one who serves,  
You have shown us the way.  
Christ, the everlasting word of God  
You have revealed the truth.  
Christ, our Lord and redeemer,  
You offer eternal life.  
Amen

232

To serve my neighbor  
For love alone  
To set aside my pride  
To offer my coat  
My time  
My self  
This I will do for You.  
Amen

233

Lord, You are the vine  
Without You I am nothing  
Let this branch bend low  
Offering Your fruit to all who hunger  
Amen

235

Lord Jesus, hear my prayer  
Strengthen me in faith.  
Send me to share Your promise  
And I will serve in hope.  
May I see You in my neighbor  
And serve for love alone.  
Amen

234

Lord, thank you for this day  
And for the great joy that I receive  
From loving You above all things  
And my neighbor as myself  
Amen

236

Lord, You have chosen me,  
Given me life.  
How can I repay it?

I will share my gifts, Lord,  
One neighbor at a time.  
I will share Your love, Lord,  
One heart at a time.  
I will repay You with my life, Lord.  
One day at a time.

Amen

237

Today we pray for the poor in spirit;  
The lonely, and the broken.  
Holy Spirit come upon them,  
And strengthen them with Love.  
May we share with them our friendship;  
May they share with us Your kingdom.  
Amen

239

Holy Spirit, live within me,  
Fill me with the peace of the Lord  
Help me to share God's love  
Help me to be the answer  
To another's prayer  
Amen

238

Heavenly Father,  
You do not dwell in sanctuaries,  
You are never far from me.  
In You I live and serve.  
I humbly offer You praise,  
And the thanks of Your grateful child.  
Amen

240

Lord, You have greatly blessed  
The Society of St Vincent de Paul!  
May its members be joined always  
In true Christian friendship  
May the friendship that unites us with each  
other  
Unite us also with the neighbors we serve  
Amen

241

One day at a time, Lord Jesus,  
I will serve in hope.  
You have chosen me  
To do the Father's will.  
With joy in His promise,  
I will give my life to You,  
One day at a time.  
Amen

242

I rejoice in this day You have  
made, dear Lord,  
Grateful for all of Your gifts.  
Amen

243

Lord,  
Help me to remember  
All that I have,  
All that I am,  
And all that I can do,  
I have been given  
By Your grace,  
Through Your Love,  
And for Your glory.  
Amen

244

Lord, help me to shed the cares  
Of this temporary exile.  
Lighten my steps,  
Fill me with joy!  
Confident in the truth,  
May the light of Your kingdom  
Shine through me  
In the joy that I share!  
Amen

245

Lord Jesus, I love You.  
I will feed Your lambs.  
Christ Jesus, I love You.  
I will tend Your sheep.  
Lord Jesus, I love You.  
I will not tire of saying so.  
Lead, and I will follow.  
Amen

247

Come Holy Spirit, live within me!  
Strengthen my spirit, open my heart,  
To the love of the Father and Son.

Come Lord Jesus, walk with me!  
Fill my heart, open my eyes,  
Help me to share all that I am given.

I will come to You, my God!  
Perfect Your love within me,  
Help me to not come alone.

Amen

246

Mary Immaculate, pray for us!  
Pray that we may follow your example  
Of sweetness and gentleness to each  
other,  
And willing obedience to the Father.  
Through your intercession,  
May the light of the Spirit shine through us,  
And bring blessings to all whom we serve.  
Amen

248

Lord Jesus, help me always  
To give all that I have been given,  
To serve and not to be served,  
To follow where You lead,  
For the love of God alone.  
Help me to be the last.  
Amen

249

Heavenly Father, I hear Your voice  
In the stirring of creation,  
The singing of the birds,  
As light slowly fills the day.  
May Your peace grow within me  
Like the dawn  
May Your love shine through me  
Like the day  
May Your hope live within me  
As I serve  
Amen

251

Humble me, Lord, to serve in Your name;  
Make me the servant of all.  
Give me the power to bow before many,  
The glory of being small.  
All that I have, and all that I do,  
Cannot be treasures of worth,  
Unless given freely, for Your love alone,  
As in heaven, but here on earth.  
Amen

250

Lord, help me to see the seed of sanctity  
In all my neighbors, especially those in  
need.  
Help me to see them,  
Help me to love them,  
Help me to serve them,  
Help me to do Your will.  
Lead me to You through my neighbors.  
Amen

252



Lord, it is You that I serve  
In the persons of all those in need,  
Repaying all You have given me;  
Mercy for mercy,  
Love for love,  
My life, one day at a time.  
Amen

253

Jesus, Lord of Mercy and Hope,  
Lift my burdens, dry my eyes,  
Make clear the path.  
By Your love I am made whole,  
In Your love I will serve,  
With mercy and hope.  
Amen

254

Heavenly Father,  
I love You above all things.  
In Your name, I will love my neighbor,  
Whom You made in Your image  
So that I may serve You.  
Amen

255

Lord, let me see You  
Without using my eyes  
For to see the unseen is faith.

Lord, let me rejoice  
Both in good times and bad,  
For joy in Your promise is hope.

Lord, let me serve You  
With the strength of my arms,  
For to work in Your name is love.

Amen

256

Lord, bless me with humility,  
Make me to be the last.  
Empty me to make me whole,  
Fill my heart with You.  
Amen

257

Lord let Your face shine upon me!  
Light the path before me,  
Help me always to see You.  
In word and in deed,  
Help me to do Your will.  
Let the light of Your word  
Shine through me.  
Amen

258

Lord Jesus, Redeemer and Savior,  
The will of thy Father be done,  
In the burdens I bear,  
In the love that I share,  
On earth as it is in heaven.  
Amen

259

Lord Jesus, help me to serve and not to be  
served,  
Just as You have served me.

Lord Jesus, forgive me for the times I fall  
short,  
Just as I forgive others.

Lord Jesus, I love You, and I will love my  
neighbor,  
Just as You have loved me.

Amen

260

Be with me, Lord Jesus,  
Fill my heart  
With love that knows no bounds.  
My Lord, my Savior,  
My Lord, my hope,  
My everlasting joy!  
Amen

261

Lord, grant me Your grace  
Like the sun that shines upon me.  
Teach me to serve, teach me to love,  
Teach me to give to all;  
To the lonely and the suffering,  
The hungry and the poor,  
The deserving and the undeserving,  
Like the sun that shines upon all.  
Amen

263

Lord, may I receive through giving,  
But give for love alone;  
In Your name,  
For Your sake,  
By Your grace,  
With Your hope,  
In my heart,  
In my soul,  
In my words,  
In my deeds,  
Today.

Amen

262

Lord, let me serve You quietly;  
Like the water lapping the shore,  
Like the breeze rustling the leaves,  
Like a silent, peaceful smile.  
Lord, let me serve You quietly,  
So that I can hear Your whisper in my ear.  
Amen

264

Heavenly Father,  
Most Holy and loving God,  
Each time I turn my other cheek,  
May I feel Your kiss upon it.  
Help me always to do Your will  
Not like a laborer on earth,  
But with the joy of the angels in heaven.  
Amen

265

Take my hand and walk with me,  
Lord, keep me on the path.  
May Your strength sustain me,  
Your love shine through me,  
And Your mercy become my own.  
Amen

267

I come to You, Lord, emptyhanded,  
Through darkness, with faith as my guide.  
No trials or troubles distract me  
For I serve with Your hope at my side  
In my heart is the treasure already  
Your love, as in heaven, abides  
Amen

266

Lord Jesus,  
I seek to know You in all whom I serve,  
And to serve them as I would be served.  
May the hands I clasp, clasp mine in return;  
May the neighbors I serve pray for me.  
Amen

268

Holy Spirit, live within me  
Strengthen me with Your love  
For every troubled heart I meet  
Let me be the gentle voice  
Speaking words of hope  
Amen

269

In my times of sadness, Lord,  
Will You walk with me?  
My path will be less daunting Lord,  
If You walk with me.  
From darkness into light, O Lord,  
When You walk with me.  
I will choose the path, my Lord,  
I will walk with You.  
Amen

271

Lord, have mercy on Your creation,  
You alone know my heart, my soul,  
My whole story, beginning to end.  
Help me always to see Your poor  
As works of Your creation.  
Not knowing their whole story,  
But knowing it is written by You,  
I am grateful to be part of it.

Amen

270

Lord Jesus, awaken my heart  
Make it beat with the hearts of the poor

Lord Jesus, open my eyes  
Help me see You in all those who suffer

Lord Jesus, strengthen my arms  
Let me serve You in them without tiring

Amen

272

Lord help me to be gentle.  
Give me the patience that listens  
Not looking at its watch;  
Not knowing what comes next.  
Give me the kindness that smiles  
Even when weary, even alone;  
Let it be Your love in my smile.  
Lord help me to be gentle.  
Amen

273

You have heard me, Lord, and comforted  
me,  
In all my trials, and times of sadness.  
Your love renews my hope.  
Let me be Your ears, O Lord,  
To hear the cries of the poor,  
The mourning, the oppressed.  
Let them know Your love through me.  
Amen

274

Lord, loving and forgiving Father,  
I seek to serve You, but I am weak.  
Forgive me my weakness,  
As I forgive it in others.  
Give me strength,  
But only enough to share.  
Amen

275

You are strength in my weakness.  
Lord be with me.

You are hope in my despair.  
Christ be with me.

You are light in the darkness.  
Holy Spirit live within me.

My strength, my hope, and my light,  
I rise this day renewed!

Amen

276

Here I am, Lord,  
With a heart that is open to You.  
Light my heart on fire, Lord,  
Send me to share the Good News  
With every open heart  
Amen

277

Lord Jesus, send me.  
With faith as the strength for my journey,  
With hope to sustain my soul,  
May love for the Father shine through me,  
And my works proclaim Your word!  
Amen

279

Let me be Your ears, O Lord.  
To hear the suffering cry.

Let me be Your eyes, O Lord,  
To see Your face in theirs.

Let me be Your arms, O Lord,  
To offer a comforting embrace.

Let me be Your life, O Lord,  
To share for love alone.

Amen

278

Lord, give me the strength to be weak,  
To greet fists with open hands,  
To greet anger with gentleness.  
Help me not to win, but to love,  
Not to be served, but to serve,  
For Your sake, not mine.  
Amen

280

Lord Jesus, send me!

Send me with Your word,  
That I may speak it.

Send me with Your love  
That I may share it.

Send me with Your hope  
That all may know it.

Amen

281

Open my eyes with wonder, Lord,  
To see You in the smallest things.

Open my ears with patience, Lord,  
To hear Your whispering voice.

Open my heart to know You, Lord,  
Like the heart of a loving child.

Amen

283

You give me enough, O Lord,  
Though it may not seem so to me.

You give me enough for the journey,  
You give me enough for today.  
Time enough, and hope enough,  
And love enough to share.

What I receive is always enough,  
When I choose to give it away.

Amen

282

Lord, give me rest, for I am weary;  
Lift from me the burdens of the day.  
With Your gentle hand on my shoulder,  
My step will be light,  
My path will be well-lit,  
And my heart will be peaceful.

Amen

284



Lord Jesus, in Your name,  
I will offer this precious gift  
Which You ask of me.  
I will give without question,  
I will give without doubt,  
I will give fully.  
I will give not sacrifice, but mercy.  
Amen

285

Let me walk in Your footsteps, O Lord,  
Let me follow the path where You lead.  
Content to see only the next steps ahead,  
With faith I am where I should be.  
Amen

286

Give me faith, O Lord,  
Like a blanket around my shoulders  
Against the cold and wind.  
Give me hope, O Lord,  
Like the light in a distant window,  
Like the fire in the hearth.  
Give me love, O Lord,  
Like wood that fuels the fire,  
So it grows in light and warmth.  
Amen

287

In Your face I see them, Lord Jesus,  
The hungry and the poor,  
The lonely and forgotten.  
I will walk with them, Lord Jesus,  
And help to bear their cross,  
Until You come again.  
Amen

288

Lord, I have sought you  
In times of sorrow  
To ease my burdens and pain.

Lord, I have thanked You  
In times of joy  
For all that I have received.

Lord, You are with me  
Throughout all time,  
I seek only to do Your will.

Amen

289

Lord, I thought I saw You  
In the quiet hours before the dawn  
Were you tending to the tiny seed  
You planted in my heart?  
I will tend that seed of sanctity,  
With faith and hope and love,  
And share what fruits it bears.

Amen

291

My heart is filled with joy at Your creation!

In every waking moment, Lord, I am  
overwhelmed by the beauty of Your  
creation, the abundance of Your gifts, and  
the promise of eternal life with You. May my  
face shine with good cheer, reflecting the  
joy in my heart, and inviting others into the  
light of Your hope.

Amen

290

Lord, give me ears that I may hear  
The quiet wind,  
The rustling leaves,  
The song of a distant bird;  
The ocean's roar,  
The thundering storm,  
The laughter of a child;  
The cry of the poor,  
The sound of Your voice,  
That beckons me to serve.

Amen

292

Lord, I walked past a field today,  
And wondered, "Is the treasure buried  
there?"

I walked past a doorway today,  
And wondered, "Is the treasure huddled  
there?"

I walked past a bus stop today,  
And wondered "Is the treasure sleeping  
there?"

Then I heard Your words, O Lord,  
To seek, and I will find.  
The treasure was before me all along.

Amen

293

Lord of life  
Lord of resurrection  
I am humbled by Your sacrifice  
Made for me  
I will serve You, Lord  
And give my life for You  
One day at a time.  
Amen

294

I want to speak Your word, O Lord,  
But who am I to say?  
A lowly child of Adam and Eve  
Who seeks to know Your way.  
Give me strength to serve You, Lord,  
'Til heaven's hosts rejoice  
That I have served the least of these  
My works will be Your voice.  
Amen

295

Lord, I am humbled by Your gifts to me:  
My talents, my treasure, my very self.  
All that I have and all that I am  
Is Yours, O lord, not mine.  
May I offer my gifts to serve Your will  
That they may multiply as they are shared  
For Your glory alone.  
Amen

296

Be with me, Lord, and give me strength  
To share a crust of bread,  
To offer a smile,  
To truly listen,  
To be patient, gentle, and kind  
In little ways.  
With faith small things are possible.  
Amen

297

Who do You say that I am, Lord?  
Am I the one who serves, or who is served?  
Help me, Lord, to always be the servant.  
To be the one whose deeds are not  
    rewarded  
But by You.  
To be the one whose name is not  
    remembered  
But by You.  
In Your name and for Your glory,  
Let me be the servant.  
Amen

299

I give You, Lord, my faith,  
With all my heart and soul.  
You fill me, Lord, with hope,  
Beyond the troubles of the day.  
I love You, Lord, Whose love  
You give me to share.  
Amen

298

Lord Jesus, shining before me,  
Shed Your light upon my soul.  
Give to me as I have given;  
Have mercy, as I have been merciful;  
Measure out to me, as I have measured;  
On the last day, bring me home.  
Amen

300

Jesus, Lord and Savior,  
Servant and evangelizer,  
Son of God and Son of Man,  
Healer and miracle worker,  
Who do You say that I am?

301

Lord, it is you that I serve,  
Planting seeds of hope and love  
That give back a hundredfold.  
You are always with me, Lord.  
Your providence inspires me  
To be a cheerful giver.  
Amen

302

Lord light my heart on fire!  
Give me simplicity to speak the Truth  
And humility to know the Truth is Yours.  
Help me to speak gently and with kindness,  
To all those for whom I pray.  
Amen

303

You are rest for my soul, O Lord,  
As the world crashes past,  
With all its gold, and all its noise,  
And the troubles of the day,  
For You have blessed me quietly, Lord,  
In all the things that matter.  
Amen

304

Fill my heart with love, my God,  
So I can pour it out.  
As parents do for children,  
As Christ did on the cross,  
So I can give to all who weep,  
The love that grows when shared.  
Amen

305

Lord, You are my light and my salvation  
All that I do is for Your glory  
All that I have is by Your grace  
All that I want is to follow You  
Amen

306

Make me last, O Lord;  
Last in pursuit of earth's riches,  
Last in pursuit of earth's glory,  
Last in the things of this world.

Make me last, O Lord;  
Forever in Your presence,  
Forever for Your glory,  
Forever in Your Kingdom.

Amen

307

Lord above me, send down Your fire,  
Enkindle my heart with Your love.

Lord beside me, lend me Your strength,  
Lighten my burdens with faith.

Lord within me, help me to see,  
Open my eyes with hope.

Amen

308

Lord, I long for Your voice  
My ears and my heart wide open  
Let not my heart harden  
Or senses be distracted  
From the invitation  
To the feast of heaven and earth

Amen

309

Father in Heaven, You know me  
I am alert for the sound of Your voice  
For Your gentle tug on my sleeve  
For the whisper that says, "This way."  
I will follow You with joy, my God

Amen

311

God of my fathers, gone before me  
Whose faith has led them home

God of my children, seeking anew  
Who look ahead with hope

God of the weary, God of the sick,  
God of the young and old

God of the future, God of the past,  
Walk with me, God, today

Amen

310

Lord grant me hope enough to give thanks,  
Faith enough to be still,  
And love enough to move mountains.

Amen

312

You see me, Lord, and know me  
You are with me at all times  
In the dawn and in the twilight,  
And through the dark of night  
I am with You at all times, Lord  
And I will not be afraid

Amen

313

Not knowing the hour or day, Lord Jesus,  
Each day I prepare a feast  
I will share it with Your children, Lord,  
With all of those in need  
And when we hear Your knock, O Lord,  
You will come and dine with us.  
Amen

314

Though my heart is filled with longing, Lord,  
My eyes are filled with hope.  
For You have died and risen, promising  
new life.

Though mind is filled with doubts, my Lord,  
My heart is filled with faith,  
Seeking first Your kingdom, not the troubles  
of the day.

Though my body may be weary, Lord,  
My soul is filled with love,  
A love that grows when shared, a love that  
never fails.

Amen

315

Lord grant me the vision to see You  
Crowned in the glory of heaven  
Extending Your hand in blessing  
Sharing Your love with the earth

Lord grant me the vision to see You  
Standing before me in rags  
Extending Your hand for a breadcrust  
Sharing Your love with the earth

Amen

316



Lord Jesus,

Like a line thrown in the water  
As I cross a rushing stream;

Like my city on the horizon  
On a long and lonely drive;

Like a light in the hallway  
In the darkness of the night;

You lead me to life,  
And I will not be afraid.

Amen

317

Blessed Virgin, born without sin,  
I place my hands in yours.  
Comfort me and pray for me,  
For the Lord is with you always.  
Amen

318

Lord Jesus,  
Your words within my heart,  
Your will within my soul,  
My steps toward Your kingdom.  
Lead and I will follow, Lord,  
Your words, Your will, Your way.  
Amen

319

Lord, you have shared with me  
The warmth of Your days,  
The coolness of Your nights,  
The beauty of Your creation,  
The truth of Your word, and  
The fullness of Your love.  
You make me a vessel of Your hope,  
And my heart is filled with joy!  
Amen

320

Lord Jesus baptized by Your grace  
Lord Jesus wrapped in Your embrace  
Lord Jesus hope to light my way  
Lord Jesus through both night and day  
Lord Jesus shelter from the storm  
Lord Jesus to a new life born

Amen

321

Blessed Mary, ever virgin,  
Daughter of man and mother of God,  
Pray for me, though I am unworthy.  
Pray that I answer God's call  
With humble obedience  
And serve Him willingly  
For love alone.  
Amen

322

Blessed Frédéric, pray for me  
That I may seek holiness  
By imitating the model you gave  
Of serving Christ in the poor  
Of serving Christ in your friends,  
Of serving Christ in your work,  
Of serving Christ as a citizen,  
Of serving Christ in your family;  
In sickness and in health, serving Christ.  
Amen

323

You are in my mind, Lord,  
As I read Your holy word.

You are in my heart, Lord,  
When my heart is filled with love.

You are in my soul, Lord,  
As it awakens to new life.

Amen

324

Lord, you are my comfort  
My shelter from the storm  
My light in the darkness  
I am never alone  
And I will not fear  
Amen

325

Through You, Lord Jesus,  
Son of the living God,  
May I see and serve the Father.

With You, Lord Jesus,  
Humble servant, Son of Man,  
May I act with mercy and with love.

In You, Lord Jesus,  
Eternal hope for a broken world,  
May I be healed and brought to life.

Amen

326

Blessed Mary, at the foot of the cross,  
Could the Lord deny you anything,  
Who has given so much to all?  
Mother of Man, born without sin,  
Place before the Father my hopes and my  
fears,  
Offer to Him my very heart,  
Borne up by your gentle hands,  
That it may beat forever in Your Son's  
name.  
Amen

327

Forgive me, Father.  
I am in need of mercy,  
Which may not be deserved.  
Help me also to serve with mercy;  
To feed the hungry, to comfort the sick,  
With my time, my possessions, and myself,  
Whether or not it is deserved.  
Bound to You by Your mercy,  
May my acts lead others to You.  
Amen

328

Bless me with the spirit of poverty, Lord;  
With contentedness, not restlessness.  
My faith in You,  
My hope in You,  
My love in You above all things.  
Amen

329

Lord in heaven, Lord on earth,  
Lord within my heart.  
Make me Your instrument,  
Light my path,  
So I can know the way.  
Amen

330

You have called me, Christ, to follow.  
What I am is by Your grace.  
What I give is for Your sake,  
In union with all who seek You;  
One body, one baptism, one God,  
One hope.  
Amen

331

Send me, Lord, to proclaim the good news  
Send me to share Your word

Send me, Lord, to show Your mercy  
Send me to share Your love

Send me, Lord, to feed the hungry  
Send me in Your name

Amen

332

On feet unsteady, but steadied by faith,  
I seek to follow Your way.  
With mind uncertain, made certain by hope,  
I seek to know Your truth.  
With vision cloudy, but cleared by love,  
I seek to see Your light.  
Amen

333

Who do You say that I am, Lord?  
Am I what You have asked me to be?  
Am I gentle and selfless,  
Humble and simple,  
Filled with zeal for You?  
And who do people say that I am?  
Each day I seek to be formed, Lord,  
So that You may be known through me.  
Amen

334

Father in Heaven, help me to know that  
Each face in the crowd is seen by You  
Each voice in my ear is heard by You  
Each person I meet is loved by You  
So that I may love them, too

Amen

335

Lord Jesus, on the road that I travel,  
I seek to see Your face,  
To do Your work,  
And to glorify Your name.  
Lord Jesus, I seek to travel  
On a journey leading to You.

Amen

336

When I feed the hungry, Lord Jesus,  
They will know You by my smile.

When I greet the stranger, Lord Jesus,  
They will know You by my smile.

When I comfort the sick, Lord Jesus,  
They will know You by my smile.

Because it fills my heart with joy,  
I serve You with my smile.

Amen

337

Let me be the one who sees the stranger.  
Let me be the one who stops.  
Let me be the one who acts with mercy,  
And not the one who walks past.  
Amen

339

Your mercy, like the rain,  
Quenches the thirst of my soul.  
By Your grace, like the sun,  
May I blossom;  
One among many,  
Each loved by You,  
In the fields of Your creation.

Amen

338

Let me be the neighbor, Lord,  
The one who acts with love,  
The one who sets my time aside,  
The one who gives myself.  
Amen

340

In Your name, O Lord, for Your glory,  
I will turn the other cheek.  
I will love my God above all things,  
My neighbor as myself.

In Your name, O Lord, for Your glory,  
I will rise and face each day.  
In my words and my deeds,  
In my work, in my home,  
May my life be a prayer to You.

Amen

341

I knock, dear Lord, on Your door,  
Which is opened to me by faith.  
I ask, my Jesus, for comfort,  
Which is given to me by hope.  
I seek, Holy Spirit, Your presence,  
Which I find by serving for love.

Amen

342

Christ behind us,  
Urging us on,  
In Your name, for Your sake, with love.

Christ before us,  
Showing the way,  
With Your blessing, Your presence, Your  
grace.

Christ, be with us,  
Together we stand,  
In union, communion, and praise!

Amen

343

I thank you, Almighty God,  
For I am greatly blessed.  
My time and my talents;  
My treasure, myself;  
All given to me for Your glory,  
And to serve my brothers and sisters,  
By Your grace, by Your grace, by Your  
most holy grace!  
Pray for me, Blessed Mother,  
And all my brothers and sisters,  
That I may love, that I may serve,  
In the name of my Lord, Jesus Christ.  
Amen

344

I thank You, Lord Jesus,  
For all that I have, and all that I am;  
For the blessings that You have bestowed.  
And what is mine is mine to give  
For the love of God alone.  
Amen

345

My faith is in You, Lord Jesus,  
My hope is in Your great mercy.  
May my love for the Father  
Above all things  
Be the reason for all that I do.  
Amen

347

Lord, you are my rock and my salvation  
In you, my soul is at rest.  
My mind is clear,  
My heart is full,  
May Your will be my own!  
Amen

346

Lord, in Your kindness,  
Lord, in Your love,  
Lord, in Your great mercy,  
Look past my faults,  
And into my heart,  
Which is filled with faith and hope.  
Amen

348



Send me, Lord, to do Your work  
Send me in Your name  
Send me with Your blessing  
Send me with Your peace  
And I will share Your blessing, Lord  
I will do Your work  
I will seek to share Your peace  
I will serve in hope  
Amen

349

Through You, O God, I awake  
With wonder, joy, and faith.  
With You, Lord Jesus, I walk,  
With Your promise as my hope.  
In You, Holy Spirit, I serve,  
With everlasting love.  
Amen

350

My plans are in Your hands, O Lord,  
My works belong to You.  
For all that You have given me,  
And all that I can do,  
I offer up for love alone,  
With humble confidence.  
And all will be as You have willed;  
I trust in Providence.  
Amen

351

Christ behind me, urging me;  
Send me, Lord, to serve.  
Christ beside me, guiding me;  
Strengthen me, Lord, when I falter.  
Christ before me, beckoning me;  
Embrace me, Lord, in Your love.  
Amen

352

How will I know You, Jesus,  
When I look upon Your face?

Will You be the smiling one,  
The angry one, or sad?

Will you be the one that thanks me,  
Or the one that asks for more?

I will be the one that serves  
For love alone, with joy.  
So You may know me by my works.

Amen

353

In the name of the Father Who loves me,  
In the name of my Savior and hope,  
In the name of the Spirit of life everlasting,  
I offer this day.  
Amen

354

Let my works be small, O Lord.  
May I plant a single seed  
That through your grace  
And in Your time  
Will grow and bear your fruit  
Amen

355

I can see clearly all of Your works  
I love You with all of my mind, Lord.  
In serving You, I am filled with joy  
I love You with all of my heart, Lord.  
Now and forever, with peace and in hope,  
I love You with all of my soul.  
Amen

356

Father, Your child seeks to please You;  
To do as You want me to do;  
Not from fear, or in payment,  
But only for love,  
With all of my mind, heart, and soul.  
Amen

357

Father Your child trusts You fully  
To provide as a father provides;  
When I want, when I seek,  
Or petition in prayer,  
You will know and provide what I need.  
Amen

358

Pray for me, saints in heaven,  
Who loved God before yourselves,  
That I may be grateful  
For God's holy grace  
And serve Him for love alone.

Amen

359

God of my fathers,  
In You shall I trust.  
On earth, may Your will be my own.

God of my fathers,  
In You shall I live  
By Your grace and mercy alone.

Amen

360

Help me, Lord, to carry my cross;  
Help me die to myself.  
Help me to seek the Kingdom first;  
Help me to love You, Lord.  
In turn I will love my neighbor,  
And the beauty of all creation,  
For the love of the Creator alone.  
Amen

361

Lord Jesus, in the darkness,  
When I could not see the way,  
I have heard You call my name.

There never lived a creature  
That You loved more than me  
I have answered when You called.

Lord Jesus, let me be Your voice,  
Let me seek the lost,  
For they are precious in Your sight.

Amen

362

Joyful, I adore You  
In the early morning sun.

Joyful, I adore You  
When the working day is done.

Joyful for the graces  
That I know I don't deserve.

Joyful, I can see You  
In the neighbors that I serve.

Amen

363

To the Holy Spirit I commend my hands  
So they may do the Lord's work  
To the Heavenly Father I commend my  
mind  
So that I may do God's will  
To the Son of God I commend my heart  
So that I may share Christ's love  
Amen

364

Lord above me, shine your light,  
So I can see the way.

Lord before me, clear my path,  
So I can do Your work.

Lord beside me, hold my hand,  
So I am not alone.

Lord behind me, push me on,  
Help me not to tire.

Lord within me, fill my heart,  
So I can pour it out.

Amen

365

Jesus, Lord and Savior,  
Who humbled Yourself to live as man,  
From the manger to the cross,  
Help me to be humble, too.  
Help me, in serving my neighbors,  
To share their doubt and pain.  
Lord, bless me in Your mercy,  
I will serve You in my hope.  
Amen

366

In Your Divine Providence, Lord,  
You have seen what I need  
Before I ask,  
Before I can even know.  
I offer You my prayers, O God,  
I place in You my trust.  
I give You my true faith.  
Amen

367

Created in Your image,  
My soul is made for You.  
Your sacrifice redeems me,  
By Your everlasting love.  
In turn, I will seek Your children,  
The suffering or deprived,  
And I will sacrifice in my small ways,  
For the love of God alone.  
Amen

368

Give me sight, Lord Jesus,  
So that I may see Your path.  
Renew me in faith, O Lord.

Give me sight, Lord Jesus,  
So that I may see Your face.  
Renew me in hope, O Lord.

Give me sight, Lord Jesus,  
So that I may see Your poor.  
Renew me in love, O Lord.

Amen

369

Show me the way, Lord Jesus,  
Lead me from night into day.  
Teach me to love, teach me to serve,  
Help me to follow your way.

Amen

370

Be with us, O Lord,  
Who gather in Your name,  
A group of friends together.  
Be with us as we pray.

Be with us, O Lord,  
Who serve You in the poor,  
Two or three friends together.  
Be with us as we serve.

Welcome us, O Lord,  
The friends that we serve with,  
And all of the friends that we serve.  
Welcome us into Your kingdom.

Amen

371

Lord Jesus, my heart is filled with joy,  
For I know You; You are here!  
Each time I serve the neighbor,  
The lonely, the deprived,  
Every week or every day,  
I serve and You are there.  
What reason I have to be cheerful,  
And to thank You for Your presence!  
Amen

372

I thank you, Lord, I thank you  
For the dawning of the day!  
Your light shines down  
On the gifts of this earth;  
All the blessings we share  
In Your name.  
Amen

373

I thank You, Lord, for the blessings  
That I receive from those that I serve  
Bless and welcome them, Lord,  
As they bless and welcome me  
Amen

374

I will follow You, Lord, on this pathway  
Though I see just a few steps ahead  
My soul will be quiet to hear You  
My heart will be open to join You  
I will seek only to serve You  
With every grateful step I take  
Amen

375

God of the heavens and earth,  
Your servant stands before You.  
God of the mountains and oceans,  
May Your will be my own.  
God of the fallen sparrow  
My soul in silence awaits.  
Amen

376

You called my name, Lord Jesus  
I will follow where You lead  
In pale imitation but full devotion  
Open my heart, Lord Jesus  
Make of me what You will  
I trust You, Lord, and I am Yours  
Amen

377

Lord, You are the bread of life,  
Never shall I hunger.

Lord, Your cup is covenant,  
Never shall I thirst.

Lord I trust Your providence,  
Never shall I want.

Amen

378

Glory be to Your name, O Lord,  
For the wonder of Your works,  
For all You have created, Lord,  
For all You've given me.  
Amen

379

Help me to see the path, O Lord  
Help me to see Your face  
Open my eyes, Lord Jesus  
Bring me from darkness to light  
Amen

380



Lord grant me simplicity.  
In my words and in my deeds  
May I bear witness without pretense  
To Your great and simple truth;  
To Your great and simple love.  
Make me Your instrument,  
Plain and simple, Lord.  
Amen

381

Lord grant me humility  
So I may see that all of my gifts  
And all of my talents  
Are not to me, but through me;  
Given so I may do Your work  
And share Your love,  
Serving all of Your flock,  
Especially the lost ones.  
Amen

382

Mary Immaculate, chosen by God,  
Model of gentleness and selfless love,  
Mother of Christ, Mother of all,  
Patroness of the Society,  
Pray for us!  
Amen

383

Not my will but Yours, O Lord,  
Your works, Your plans, Your way;  
Your glory, and Your kingdom,  
Your morning, night, and day.

Your image and Your suffering,  
In Your cold and lonely child;  
Your good and faithful servant,  
Who serves with mercy mild.

Amen

384

Come Holy Spirit, live within me,  
Set my heart on fire.  
Let me bring You to the neighbor,  
Relieving suffering for love alone.  
And through works of charity  
Done in Your name,  
May I bring the neighbor to You.  
Amen

385

Jesus, Lord and Savior,  
Fill my heart and soul  
Until it is no longer I who live  
But You who lives within me  
So that I may share Your love  
By sharing myself

Amen

386

O my Jesus,  
My Savior and Lord,  
In all that I do,  
In all that I desire,  
Let my will be Yours.

Amen

387

God in Heaven, God on earth,  
From God I shall not part,  
God Who comforts sorrows,  
God within my heart,

God of endless glory,  
God Whose Son was raised,  
God, the Holy Spirit,  
I gladly sing Your praise!

Amen

388

What did I come here to see, Lord?  
Why have I come to Mass?  
To see Your suffering, hung like art,  
In the Stations of the Cross?

What did I come here to see, Lord?  
Why do I visit the poor?  
To see Your suffering, see Your face,  
In the neighbors that I serve?

My living God in the Eucharist,  
My salvation in Your poor,  
My living God that I may serve;  
That's what I've come to see.

Amen

389

In imitation of You, Lord Jesus,  
May I give of myself each day.  
May I act with humble simplicity,  
And with gentle, patient kindness.  
Amen

390

Lord, I long to see Your face,  
When You come in glory,  
Your hands outstretched and beckoning,  
Your kingdom come on earth.

Lord I long to see Your face,  
When you come in rags,  
Your hands outstretched and pleading,  
Your kingdom served on earth.

Amen

391

In turmoil and in troubles,  
In sickness and in health,  
I know this, too, shall pass, my Lord.  
My soul in silence waits.

In triumph and in glory,  
Over all the world to reign,  
I know You will return, my Lord.  
My soul in joy awaits!

Amen

392

You have blessed me Lord  
With the gift of life  
To accept in humble faith  
To be inspired by eternal hope  
To live as an act of love  
Like a song lifted to heaven,  
Sung with joy for all who will hear.  
Amen

393

Lord, receive my humble prayer,  
Offered in gratitude.  
Grant me peace, O Lord, not comfort,  
As I follow in Your path.  
Your will be done through me.  
Amen

395

Lord and Savior, come to us  
Join Your children  
Walk with us  
So we may walk with you!  
Amen

394

Lord Jesus lead me  
From the darkness of night  
From the cold of the rain  
From sin and from doubt  
Through sadness and pain  
Lord Jesus lead me  
To walk in Your light  
Amen

396

Create me anew, O Lord!  
Free me from worldly bonds  
Help me to walk in humble simplicity  
Help me to walk in Your light  
Amen

397

Lord of creation,  
Of night and of day,  
Lord of the manger,  
Lord of the hay,

Newborn Lord  
In the cold of night,  
Infant mild  
God's great light

My heart is filled  
With love for You  
Enough to love  
Your children, too.

Amen

398

Lord, help me to see  
What I have is enough  
My time, my talents,  
My possessions, myself  
Enough to give  
Like the loaves and fish  
Like the love of God  
That multiplies when it is shared  
Amen

399

Lord, I love you  
With all of my heart  
With all of my soul  
With all of my strength  
With all of my thoughts  
With all of my actions  
Live in me, Lord,  
With Your love.

Amen

400

My Lord Whom I cannot see,  
I will love You in the neighbors before me;  
In them and through them,  
In acts and in words,  
In Your name and for Your sake.  
Amen

401

Through the troubles of the day,  
Through the darkness of the night,  
I place my faith in You, Lord.

Down the long, uncertain path,  
Through both storms and sun,  
I place my hope in You, Lord.

Thankful always for Your gifts,  
Given to me to share,  
I place my love in You, Lord.

Amen

402

Lord Jesus,  
Grant me the virtue of gentleness  
Help me to listen with patience  
To act with kindness  
To offer my heart to all  
Amen

403

Lord God, creator of heaven and earth,  
All powerful and ever living,  
You pause to hear the prayer  
Of one so small as me.  
Grant me, Lord, the gentleness  
That tells my neighbor, without words,  
That there is nothing I would rather do  
Than try to ease their burdens.  
Amen

404

Speak, Lord, Your servant is listening,  
I have heard Your call in the night  
Your voice on the wind  
Your whisper in my ear  
Your word in my heart  
Hear me, Lord, Your servant is praying  
With gratitude and love  
Amen

405

In the name of the Father,  
For Your love alone,  
Help me love my neighbor.

In the name of the Son,  
Who lives in the poor,  
Help me to serve my neighbor.

In the name of the Holy Spirit,  
Light my heart on fire,  
To bring Your love to my neighbor.

Amen

406

Lord Jesus,  
I place my trust in You  
My faith in You  
My hope in You  
My heart in You  
My soul in You  
My life in You  
In all things, Lord Jesus,  
You are my way

Amen

407

Heavenly Father, still my thoughts  
Fill my mind with You  
Lord Jesus feed my soul  
It hungers for Your word  
Holy Spirit, come to me,  
Light my heart on fire  
Amen

408

Lord, you are my rock,  
Behind which I can shelter  
From the storm;  
Upon which I may step  
In shifting sands,  
Or rapid waters;  
With which I will build  
Without fear,  
For Your glory,  
For all time.  
Amen

409

Look upon Your servant, Lord,  
Before You, undeserving.  
Clothe me doubly, Lord,  
With Your gentle mercy,  
Only so that I may seek  
The ones who feel forgotten,  
Undeserving, and alone,  
To share the extra coat,  
Your mercy and mine,  
For love alone,  
Your will be done.  
Amen

411

Come to me Lord  
When doubt and fear  
Sometimes raise their voices  
To fill the silence  
  
Speak to me Lord  
Your words of hope and love  
Help me hear Your gentle whisper  
In the silence  
  
Amen

410

My Lord and my God,  
You have blessed me fully  
You have called my name  
I stand before You,  
Arms outstretched  
Wrapped up in Your embrace  
Send me forth to do Your will  
Amen

412



Lord, shine Your light before me  
Show me the way  
Bring me to life  
Send me forth in Your name  
To offer Your hope  
To share Your love  
Amen

413

Your lamp, O lord, is before me.  
Let me share Your light.  
Your word is in my heart, O Lord,  
Let me share Your truth.  
Your blessings fill my life, my God.  
Let me share my gifts.  
Amen

415

Your word strengthens me, Lord,  
In courage and in faith;  
Your power enfolds me  
In comfort and in hope;  
Your peace grows within me  
As mercy and as love.  
All this I will share without fear.  
Amen

414

Lord in Heaven,  
Lord on Earth,  
Lord within my soul  
Help me to know the word,  
You've written on my heart,  
To do Your will  
On earth as in heaven,  
With all my heart and soul.  
Amen

416

Send me to answer  
The cry of the poor  
Lord, send me  
To do Your will  
Send me to comfort  
The lost and forgotten  
Lord send me  
To share Your love.  
Amen

417

Lord, You have prepared the way  
Before me  
So that I face it  
With the joy of Your promise  
And the hope of salvation  
Light my heart on fire  
And send me forth  
Amen

419

Lord Jesus, heal me  
Of all that I suffer  
Even, and especially,  
The things only I  
And You  
Can see.  
Lead me to comfort  
And to heal  
And to love  
All Your children  
The same way.

Amen

418

Make me Your instrument, Lord!

Where there is sadness,  
Send me, Lord, with joy.

Where there is suffering,  
Send me, Lord, with mercy.

Where there is loneliness,  
Send me, Lord, with love.

Amen

420

My Lord and my God,  
My hope and my peace,  
My joy and my comfort,  
My life and my light,  
My heart and my soul,  
My Lord and my God!

Amen

421

God of mercy,  
God of love,  
Fulfill in me Your will;  
My arms to bear the burdens,  
My legs to walk the path,  
My lips to speak the word,  
My mind to share Your mercy,  
My heart to share Your love.  
Amen

422

My heart is filled with Joy, my Lord!  
My soul is filled with song!  
Thank You for the gifts, my God,  
That made me who I am.  
Help me share them fully,  
So I may be who I should be.  
Amen

423

Lord Jesus, I place my faith in You  
Enough to move mountains  
Enough to plant seeds  
Enough to touch Your cloak  
Enough to be healed  
Enough for the troubles of the day  
Amen

424

O my Jesus, let me see with new eyes  
Remove the cares that blind me  
Let there be light before me  
Make me a new creation  
So I may live and breathe and move  
In Your name and for Your sake  
Amen

425

Yesterday's troubles forgotten,  
Today is a shining gift.  
I am surrounded by Your blessings,  
And my heart is filled with joy  
That my voice cannot contain.  
I will sing Your praise, O God,  
Until the morning comes again.  
Amen

427

For all I seek to find,  
For my direction on the path,  
You are the way, Lord Jesus.

For all I seek to know,  
In my heart and in my mind,  
You are the truth, Lord  
Jesus.

For all I seek to be,  
In heaven and on earth,  
You are the life, Lord Jesus.

Amen

426

I have heard Your word, O God,  
With my mind and heart and soul.  
Your word is my comfort but not mine  
alone.  
Help me to share it not by talking,  
But by doing as You taught  
With all heart,  
With all my soul,  
With all my mind,  
With all the strength of my arms,  
And the sweat of my brow.  
Amen

428

Who do You say that I am, Lord?  
Am I one who kept Your word?  
Am I one who shared Your love?  
Am I a friend who serves?

Live within me, Lord.  
Help me live as You have taught.  
Make me last, not first.  
Make me a friend who serves.

Amen

429

Father, receive me,  
Broken and small  
Hear the words of my prayer

Father, forgive me  
Make me whole  
Bring me to new life in You

Amen

431

Lord Jesus, I give myself to You  
Each day and in all that I do  
Through my prayer  
May my faith be known  
Through my joy  
May my hope be known  
Through my works  
May my love be known  
Amen

430

St. Peter, pray for us  
That our faith may be a rock  
Upon which we stand  
Our works bearing witness  
To Christ's church in the world  
And the love of the Father for all  
Amen

432

Help me, Father, to hear the cries  
Of the lonely and deprived  
Give me strength and give me time  
To serve them as You have served me  
Send me, if it is Your will  
Amen

433

Heavenly Father, hear my voice  
Raised up to you in prayer;  
My words of thanks,  
My song of praise,  
My cry for help,  
My silence.  
Help me, Lord to hear the poor,  
Their words, their songs,  
Their cries, their silence,  
And answer them with love.  
Amen

435

Lord, awaken me  
With Your whispered words,  
Open my eyes  
To Your gentle light.  
Refresh me, renew me,  
Give me Your strength.  
Bring me from night  
Into day.  
Amen

434

Lord, in Your hands  
I place my burdens

In Your will  
I place my trust

In Your name  
I place my very self

In Your Kingdom  
I place my hope

Amen

436

Lord, I cry out from the depths of my soul,  
From the depths of my soul, to You.  
From my pride, help me find humility,  
May my works be done for Your sake  
From my heart help me offer my very self  
For the love of my Father in heaven  
Amen

437

My Lord and My God,  
Help me to let go  
Of the things that will not last;  
To instead seek Your kingdom;  
To serve what is not fleeting,  
My brothers and sisters,  
My neighbors,  
And You.

Amen

438

Lord Jesus, fill me up  
With the love that welcomes,  
The love that gives,  
The love that sacrifices,  
The love that can be poured out  
Without being depleted,  
Shared without being divided,  
Received while being given.

Amen

439

Lord, I will serve You where You are  
In the homeless man on the bench  
In the hungry child before me  
In the forgotten neighbors living alone  
In those who ask for help  
Lord, I will serve You where I am.

Amen

440

Father in heaven,  
Whose Word I know,  
Help me to do Your will;  
To serve, to love, to forgive,  
For Your sake alone, not mine.

Amen

441

Of all the gifts You have given me,  
All of them to be shared,  
There are none greater than love,  
That gives of self,  
And knows no bounds.

Lord, knowing Your great mercy,  
There is nothing I cannot forgive.

Amen

442

Lord, I bring many needs before You,  
Knowing You are the source of all good,  
And trusting in Your Divine Providence.  
Father, do not give me what I ask for.  
Rather, give me what it is pleasing to You,  
In accordance with Your plan for my life.  
Not my will but Yours be done.  
Amen

443

Lord, I stand before you,  
An unworthy servant.  
Be merciful, God,  
Grant me mercy enough  
To carry with me  
And to share

Amen

444



Lord Jesus carpenter,  
Son of Joseph and Mary  
Who lived by the work of Your hands  
Give me strength for the day

Lord Jesus crucified,  
Lamb of God,  
Who suffered and died for my sins  
Give me strength for my trials

Lord Jesus risen,  
Son of the Father,  
Hope of the world,  
Hear my prayer of thanks

Amen

445

Empty me out, Lord,  
Of selfishness, ego, and pride,  
Empty me out,  
Then fill me again,  
With the love that gives of itself.

Amen

446

Help me to know You better, Lord,  
Help me to grow in faith.

Help me to seek Your kingdom, Lord,  
Help me to grow in hope.

Help me to give of myself, Lord,  
Help me to grow in love.

Amen

447

Show me the way, O lord,  
For I am lost and astray.  
Show me the way, O Lord,  
Lead me from night into day.

Show me the truth, O Lord,  
Show all that is hidden from me.  
Show me the truth, O Lord,  
Lord, open my eyes to see.

Show me the life, O Lord,  
The life You came here to give.  
Show me the life, O Lord,  
The life I am called to live.

Show me the way, O Lord,  
Through poverty, sadness, and strife.  
Show me the Way, O Lord,  
The Way to the Truth and the Life.

Amen

448

In daily struggles, great and small,  
Lord, help me.

In times of sadness, pain, or loss,  
Lord, comfort me.

Above all these worldly cares,  
Lord, save me.

Amen

449

Father in heaven,  
Lord of the angels,  
Creator of heaven and earth  
Lord, have mercy.

Jesus my savior,  
Redeemer of sins,  
Son of heaven and earth,  
Christ, have mercy.

Holy Spirit,  
Breath of God,  
Love of the Father and Son  
Lord, have mercy.

Amen

450

O God, I feel Your presence  
In the stillness of the night  
You comfort me, and bring me joy  
In every quiet moment  
In every passing cloud  
In every drop of rain  
You are here  
Amen

451

I seek to do Your will, O Lord,  
But not with a hanging head  
Like an unwilling worker,  
Whose eye is on the clock.

I seek to do Your will, O lord,  
On earth as it is in heaven,  
With the joy of the angels above,  
Knowing no end but You.

Amen

452

Lord, thank you for the gift of friendship  
And for the friends you've given me  
Who put my good before their own  
Who ask my help without fear  
Whose joy and pain I share  
In whom I see Your face  
Amen

453

My Lord and my God,  
May I serve you always  
In humble gratitude  
For love alone  
In the person of those in need  
  
Amen

454

Lord, I pray for the discouraged,  
For those overwhelmed into inaction  
By the many challenges they face.  
Let me be Your voice,  
Offering encouragement,  
So that by the power of Your love  
They may rise up and walk.

Amen

455

Help me to act  
In Your mercy, Lord,  
To dry the neighbor's tears,  
To share the neighbor's burden,  
To show them Your love  
Through my works.  
So they, too, may live  
In Your mercy, Lord.

Amen

456

O Lord, remember Your servant  
Whose trust is greater than pride  
Not only in Your Divine Providence  
But that You will know what to provide  
Amen

457

Lord above me,  
Holy and pure,  
In You I place my faith.

Christ before me,  
Source and summit,  
Through You I see my hope.

Holy Spirit within me,  
Breath of God,  
Through me You share Your love.

Amen

458

Father in heaven, giver of all things  
By my faith and through my works  
I thank you every day  
Amen

459

Alone in the darkness,  
Lord, hear my prayer.

As one voice of many,  
Lord, hear my prayer.

To seek out the lonely,  
Lord, see my prayer.

To care for the neighbor,  
Lord, see my prayer.

For Your love alone,  
Lord, be my prayer.

Amen

460

Lead me, Lord Jesus,  
When I lose my way.  
Lead me to serve in hope.  
Free me, Lord Jesus,  
From the shackles of sin.  
Free me to live in Your word.  
Amen

461

Lord, help me to be gentle,  
To offer words of comfort,  
To always act with mercy  
Especially to people  
That I feel do not deserve it.  
Make me Your gentle instrument, Lord,  
Not because I deserve it,  
But to do Your work through me.

Amen

462

I saw You today at the grocery store  
Adding up prices with care  
Unsure if you had enough for the week  
I didn't expect You there

I almost walked past You this morning  
Have You done something new with Your hair?  
You were sitting alone on a park bench  
And I didn't expect You there

I heard You at Mass this morning  
Along with everyone there  
Crying so loud in the back of the Church  
And I didn't expect You there

I pray to You, Christ, to forgive me  
For passing You by unaware  
Help me to always expect You  
As You have expected my prayer

Amen

463

Lord, I place my trust in You  
In all things great and small  
Help me to know Your will  
And to do Your will  
Wherever You place me

Amen

464

You have known me always.  
You have given me my name.  
I love You, Lord Jesus.

You have called me forth to serve.  
You are my model to follow.  
I love You, Lord Jesus.

You have given me Your life  
So that I may give You mine.  
I love You, Lord Jesus.

Amen

465

Lord, my heart sings with gratitude  
Like the birds that sing each morning  
The song of the joy of creation  
The song of a brand new day  
Whether in sickness or health,  
In poverty or riches,  
I trust in You, my Lord,  
And I thank you for the day.

Amen

467

I offer You my words, O Lord,  
In praise and gratitude.

I offer You my heart, O Lord,  
The fullness of my love.

I offer You my life, O Lord,  
One day at a time.

Amen

466

Send me, Lord Jesus,  
Send me forth.  
Send me to share Your word.

Send me, Lord Jesus,  
Send me to serve.  
Send me to share Your love.

Empty me, Jesus,  
Of ego, of self,  
So all that I share is You.

Amen

468

Lord You are present among us  
Not hidden, but right in plain view  
But sometimes my mind is distracted  
And I can't even recognize You

Lord You always have known me  
You have claimed me right from the start  
Even before the day I was born  
You have written Your word on my heart

Help me, Lord, not to walk past You  
Help me always to recognize  
The One to Whom my heart is bound  
Help me to see with new eyes

Amen

469

Help me to feel the warmth of the hearth,  
While I'm still outside chopping the wood.  
Lord, help me to work in faith.

Help me let go of rewards of this world,  
And to seek first the Kingdom of God.  
Lord, help me to serve in hope.

Help me to empty myself of self,  
To give and not to receive,  
Lord, help me to live in love.

Amen

470

Most Holy Trinity,  
You have called me to love and serve.  
Bless my heart, my soul, my mind,  
And send me in Your name.

In the name of the Father, I live.  
In the name of the Son, I move.  
In the name of the Holy Spirit,  
I have my being.

Amen

471

Lord Jesus, Savior,  
Let my life  
And my works  
Be my prayer  
In Your name,  
For Your sake,  
And not mine.

Amen

472

Help me to act with mercy, Lord,  
To see You in the suffering  
Of the least of us  
To offer my presence  
In Your name  
To give with love  
For the love of God  
To always serve in hope

Amen

473

Lord, grant me the virtue of gentleness:  
A kindness that never tires,  
A patience that never wears thin,  
Good will that is offered to all.  
May my gentleness be visible  
In my smile,  
In my words,  
And in my actions.  
Amen

475

Lord let me serve You humbly,  
Nameless, and small,  
But doing Your works in the light  
For Your glory, not mine  
Drawing all people to Your light  
To Your works  
And to Your love  
Amen

474

Lord, fill me with Your love  
So that I can pour it out;  
A love that grows as it is shared,  
That multiplies as it is divided,  
That never diminishes,  
That is enough to fill,  
And to connect every heart.  
Amen

476



Lord, in my anger calm me  
With the peace of knowing Your love  
In my impatience reassure me  
With the peace of trusting Your will  
In my suffering comfort me  
With the peace of Your kingdom above  
Amen

477

Christ, through Your divine love  
That is inventive to infinity  
You make Yourself present  
In bread and wine  
Sanctify me, Lord Jesus,  
By Your true presence in the Eucharist  
Amen

479

Lord Jesus, I thank You for Your sacrifice  
That greatest act of love  
Help me to give my life for You  
Repaying to heaven  
All that I have received  
One prayer, one act, one day at a time  
Amen

478

Lord Jesus You are  
My one and my all  
My light and my hope  
My way and my truth  
My death and my life  
My Lord and my God  
Amen

480

Lord, like the morning sun  
That begins to glimmer  
At the edge of darkness,  
Like the parting rainclouds,  
Your kingdom comes.

When darkness falls,  
When rain rolls in,  
When flowers fold at night  
Your kingdom remains  
On earth as in heaven.  
Help me to do Your will.

Amen

481

Your way is truth and life, Lord,  
And I will follow and serve  
In Your name  
For Your sake  
By Your grace  
With faith enough to move mountains  
With hope that is born anew  
With love of the one Who sent me  
Amen

483

God of my fathers,  
God of all time,  
God of the earth and sea,  
God of all creatures,  
God of all things  
Who nevertheless blesses me

In you I place my faith, O Lord,  
To You I give my love  
Your will I seek to do, O Lord  
On earth as in heaven above.

Amen

482

I long to see Your face, O Lord.  
Have mercy on me,  
Your undeserving child.  
Create me anew in Your love.  
Amen

484

Lord Almighty  
Who let there be light  
Who flooded the earth  
Who parted the sea  
Who walked on the water  
Who healed the sick  
Who raised the dead  
Who gave Your life  
Who conquered death  
Lead me from night into day.  
Amen

485

Holy Spirit live within me,  
Strengthen me in my weakness,  
Help me to grow in holiness.  
Fill me with the joy  
And the hope  
Of the Kingdom.  
Amen

486

Lord, send me  
Send me to those who no longer cry out to  
You  
Who feel abandoned, forgotten, and alone  
Make me Your instrument, God  
Serving their needs for Your love alone  
To show them they are not forgotten  
In wordless witness to Your eternal hope  
Amen

487

Lead and I will follow, Lord,  
Seeking to make Your will mine.  
Let me be Your branch, O Lord,  
Bearing the fruit of the vine.  
Amen

488

Lord Jesus, I rejoice in  
Your name  
In Your promise  
In Your love  
In Your presence  
In Your word  
In Your way  
In Your light  
In Your life  
Amen

489

Come Holy Spirit, breath of God  
Like the wind on the water,  
That fills the sails;  
Like the breeze in the forest,  
That rustles the leaves;  
Like the powerful gusts,  
That drive the storm;  
Like a quiet sigh,  
From the depths of my soul;  
Live within me, speak to me,  
Fill me with the Truth.  
Amen

491

Dear God, I love You, show me  
the way  
Lead me to do Your will  
You have called me by my name  
And I am listening  
To the word that You have  
written  
On my heart  
Amen

490

Dear Father, dear Spirit, dear  
Savior of Man,  
How can I serve You today?  
With all of my heart,  
With all of my mind,  
With all of my strength,  
With all of my spirit,  
With all of my joy.  
Amen

492

Holy Spirit, breathe upon me  
Fill me with the Divine love  
That shares itself without  
    diminishing  
Nourish me with the Truth  
So that I may make Christ  
    known  
By the works I offer in His name  
Amen

493

Father in Heaven  
Lord of all time  
Thank You for this moment  
You have given me  
Help me to live it wisely  
From birth to death  
With the joy and hope  
Of Your Kingdom to come  
Amen

494

Yours is the kingdom, O Lord,  
I rejoice in Your life and Your  
    light.  
You are present to me  
In the wind and the sea,  
And the smile on the face of a  
    child.  
Amen

495

Mother Mary, Queen of Angels,  
And Patroness of the Society  
Pray for me that I may hear Your  
    Son's word  
With a joy that makes my heart  
    leap,  
With humble obedience to  
    follow,  
And with zeal to share His love  
With the neighbor.  
Amen

496

Consecrate me in truth, Lord  
Jesus,  
Protect me in Your name  
Prepare the way for me  
In Your kingdom  
As I follow Your way in this world  
Amen

497

For Your sake, Lord Jesus,  
And in Your name,  
And seeking the kingdom above  
Let me serve, Lord Jesus,  
And see Your face,  
With the motive of nothing but  
love.  
Amen

498

I love You, Lord Jesus,  
I trust in Your word,  
I give thanks for the bread of life.  
I love You, Lord Jesus,  
With all of my soul,  
And with all of my mind and  
heart.  
I love You, Lord Jesus,  
With all of my strength  
And I will feed Your lambs.  
Amen

499

Holy Mary, Mother of the Church,  
Pray for us,  
That humility overcomes pride;  
That selflessness overcomes ego;  
That gentleness overcomes anger;  
That love overcomes all.  
In the name of your son Jesus Christ  
Amen

500

