

A. P. Charam

V E T E R A M O N I M E N T A

July 2023

Vincentian **Wisdom**
Quotes • Charism



Meeting

Board of Directors Meeting

Tuesday 7/18, 9:30 AM – 11:30 AM

Training

Bridges Out of Poverty Workshop

Saturday, 7/29, 1:00 PM – 4:00 PM

Meeting

Board of Directors Meeting

Tuesday 8/15, 9:30 AM – 11:30 AM

National Assembly

Event (Agenda enclosed)

Wednesday 9/6 - 9/9 All Day

Meeting

Board of Directors Meeting

Tuesday 9/19, 9:30 AM – 11:30 AM

Event

Friends of the Poor Walk

Saturday, 9/23, 9:00 AM – 12:00 Noon

Meeting - Note New Time

District Council Meeting - via ZOOM

Saturday 9/23, 1:00 PM – 3:00 PM

Event

Bocce Tournament

Saturday, 9/30, 9:00 AM – 2:00 PM

RECURRING EVENT

Tuesday Home Visit Zoom Forum

Every Tuesday, 10:00-11:00 AM

<https://bit.ly/TuesdayZoomForum>

Zoom Meeting ID: 925 439 5060

Bob Liles Corner

“We Cannot Do Everything And There Is A Sense Of Liberation In Realizing That.”

St. Oscar Romero

Read the above quote.... Read it again and then think about it and your mission as a Vincentian.

Do you really think you can feed, pay the rent and pay everything else that all of our neighbors in need request of your conference? When you fall short do you stress out? Are you working so hard to take care of everyone that you are letting your own life fall apart? Just as the flight attendant tells the parent to first put their oxygen mask on and then put it on their child, if you are taking care of others before you take care of yourself you will not be able to help them in the manner that you should. I had one boss that used to take his boat out on the Delta every weekend. He told me that if he didn't do that the stress of his job would have caused him to have a mental breakdown. I ride my bike for the same reason. Not only does riding allow me to calm down, but I am free to think about how to deal with various issues. And, of course, it is often a good time to pray.

If you haven't done it already, now is the time to accept the fact that you cannot help everyone in the way that you would like. Sometimes you might only be able to say a kind word to them, tell them to call 211 and that you will pray for them.

Sometimes that is enough.

BOB



A Vincentian Resource for Every Vincentian

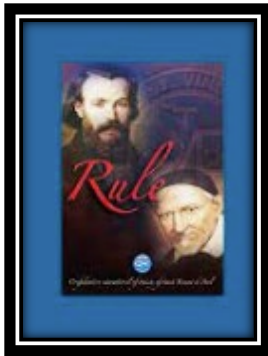
Need a Resource? What about Home Visits? Spirituality? Season of Sharing? Hope Conference? PG&E? Twinning vs. Co-Pay? The Diocese? Homeless? Mental Health? Food Bank?

Every Tuesday at 10:00 AM come by with a Question or just come by –
We may have the Answer, or You May Be the Answer for Someone.

<https://bit.ly/TuesdayZoomForum>

Meeting ID: 925 439 5060

Passcode: Ozanam



THE RULE

Rule 3.6 Councils

- Conferences are grouped under various levels of Councils.
- Councils exist to serve all the Conferences they coordinate. They help the Conferences to develop their spiritual life, intensify their service, and to diversify their activities so that they may always be responsive to the needs of those who suffer.
- Councils at appropriate levels are particularly called to create new Conferences, help existing Conferences to expand, promote Special Works, prepare training courses and encourage Vincentians to attend them, foster interest in cooperation with the Vincentian Family, enable collaboration with other Organizations and Institutions, to develop friendship between members in the same area, to provide communication to and from Conferences and higher Councils. In summary, to promote the sense of belonging to a Society which encircles the world.



*The Society of St. Vincent de Paul
of Contra Costa Coi*

“Where It All Began.”

**2023 National Assembly-Hyatt
Regency St. Louis at the Arch**
315 Chestnut Street
St. Louis, MO 63102



2023 Annual Meeting Attendance Scholarships

St. Louis, MO, September 5-September 9, 2023

Experience the thrill of joining the extraordinary "Where It All Began" journey! The Society of St. Vincent de Paul District Council of Contra Costa County is delighted to present exclusive, limited, and partial scholarships for the Society of St. Vincent de Paul 2023 National Assembly from September 5 to 9, 2023. These awe-inspiring scholarships have been made possible by the Contra Costa County SVDP Board of Directors and the incredible generosity of our Vincentian Members within Contra Costa County.

The Contra Costa County District Council will offer up to \$1,000.00 per Vincentian in scholarship funds! Unleash your passion for growth and exploration of our Society. You can use this amount to cover the Meeting Registration Fees, Lodging, or Transportation. Embrace this extraordinary opportunity. Any expenses beyond the awarded amount will be the responsibility of each scholarship recipient.

Conference Presidents -Take advantage of this special opportunity to invest in your Vincentians as they embark on a remarkable journey with the Society of St. Vincent de Paul. Apply now and let the adventure begin!

I have been to a National Assembly

I have not been to a National Assembly

Please provide the following information:

Name:

Address:

E-mail:

Phone:

Conference:

Officer Position:

Scholarship Amount Requested:

DC Scholarship \$

Conference Contribution (if applicable) \$

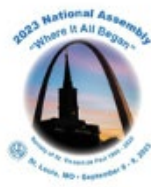
Please make all scholarship requests by July 12, 2023, and submit them to:

SVdP Contra Costa County District Council

Scholarship Request Committee

2210 Gladstone Drive, Pittsburg, CA 94565

Or you may: **Fax:** 925-439-7863 or **E-mail C/O:** c.ramirez@sudp-cc.org



2023 NATIONAL ASSEMBLY
ST. LOUIS, MISSOURI
SEPTEMBER 6 - 9
MEETING AGENDA
NATIONAL DRAFT

Assembly Highlights

Tuesday, September 5

Pre-Meeting Activities (Golf, Local Historical, Tours)
Registration

Pre-Meeting Wednesday, September 6

Mass
National Stores Meeting
Formation/Spiritual Advisor Training
National Disaster Preparedness Workshop
Optional: Religious Sites Tour
Welcome Reception

Thursday, September 7

Mass
Our Cultural Beliefs
Espanol: Nuestras Creencias Culturales
Sustainable Housing
Cultivating Leadership
Understanding our Rule
National Committee Meetings
Spiritual Advisors
Espanol: Consejeros Espirituales
How to Start a Charitable Pharmacy
Revitalizing Conferences
Presidential Welcome – Ralph Middlecamp
Keynote Presentation – John Foppe
Regional Meetings

Friday, September 8

Morning Prayer & Rosary
Vincentian Group Breakfast
Musical Prelude
Spiritual Retreat
Frederic Ozanam's Family Life
A New Beginning
Hoarding
Espanol: Estandares de Excelencia
Revitalization & Retention of Conference Members
Step up Housing Program
Sharing Financial Resources across the Society
Disaster Services Award

Friday Cont. (PM)

The Society, "Where it All Started"
Transformational Journey of Merging
Continuum of Care: Homelessness to Housing
Changing Demographics & our Vincentian Heritage
Home Visits
Starting a VOP Committee
Daily Mass, Recommitment & Presidential
Installment
Cathedral Basilica St. Louis –
Bishop Donald J. Hying
Host City Night

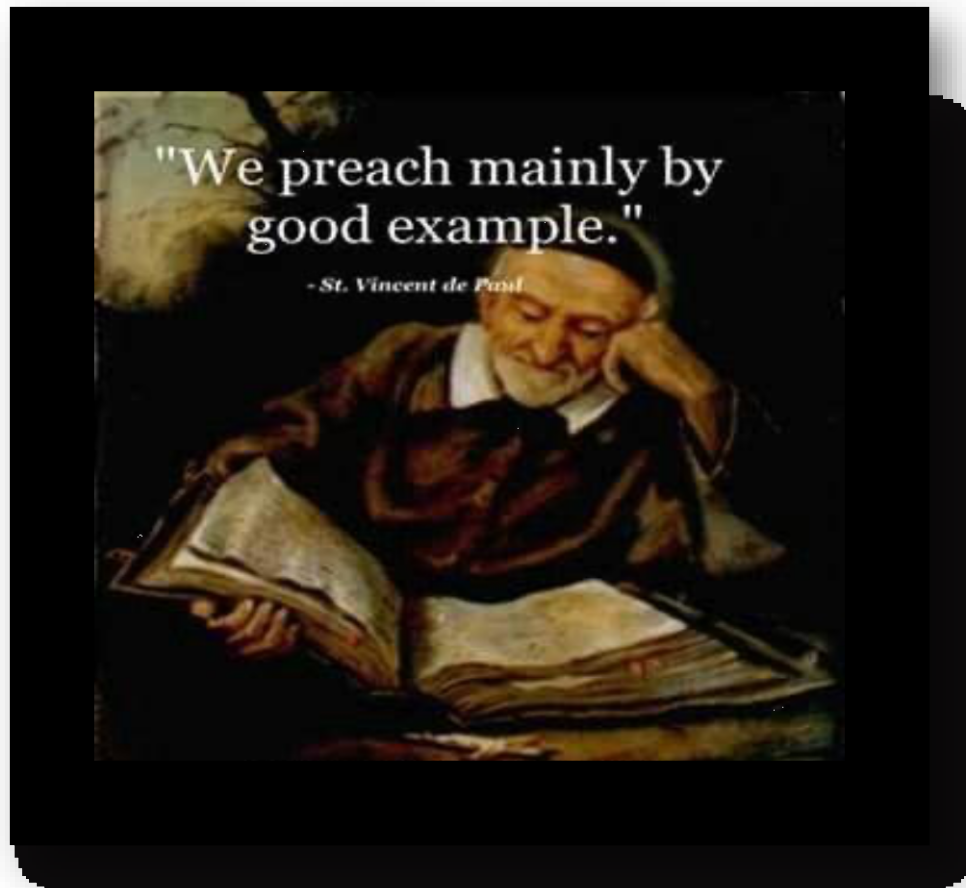
Saturday, September 9

Morning Prayer & Rosary
General Session Presentation
Vincent de Paul, Agent of Change
Alternative Loan Program
Getting Ahead in a Getting' by World
Our Shared Vocation
Espanol: Contemplacion y Accion
Statewide Pharmacy
Communicating with your Target Audience
When our Neighbors need More
Deeper Meaningful Relationships and Outcomes
Social Media Strategies
Rendu Orientation: Home Visit
Empowering Future Generations
A Systemic Change Story
Leveraging Local Partnerships
Recruiting New Members
Blessings and Living as Members
Espanol; Ambiente Seguro -Protegiendo a Las
Personas vulnerables
Survival Kit for Conference Presidents
Vigil Mass – Archbishop Mitchell Rozanski
Reception and Closing Banquet

Sunday, September 10

Breakfast on Your Own

PLEASE JOIN US FOR OZANAM ORIENTATION



**HOW CAN WE ANSWER THE CALL TO SEE THE
FACE OF CHRIST IN ALL PEOPLE?**

AUGUST 19, 2023

**ST. CATHERINE OF SIENA, 606 MELLUS ST., MARTINEZ
MASS AT 8:00 AM**

**TRAINING IN PARISH HALL 9:00 AM-3:30 PM
INCLUDES CONTINENTAL
BREAKFAST (8:30 AM) & LUNCH**

PLEASE RSVP TO JOYCE at 925-513-7124 or joy1936@comcast.net

The Society of St. Vincent de Paul Celebrates the Sacred Heart of Jesus and Mary and holds our first District Council Meeting at St. Perpetua Catholic Church, Lafayette.



We would like to express our sincere gratitude to St. Perpetua Catholic Church for generously allowing us to utilize their beautiful facility to host the Feast of the Sacred Heart of Jesus and Mary and our District Council Meeting on June 17, 2023. The event was a great success, with Vincentians from across Contra Costa County coming together to participate. We are incredibly thankful to Ruben Aureliano, Vice President of the District Council, for his role as the host and for creating an atmosphere of reverence with the dedicated altar to the Sacred Heart of Jesus and Mary.

During the meeting, we delved into a comprehensive discussion on Mental Health and explored effective ways Vincentians can serve our neighbors. The insights and ideas shared were enlightening and will undoubtedly enhance our ability to provide meaningful support to those in need.

For the convenience of all Vincentians, we have compiled a list of mental health resources specific to Contra Costa County. These resources will serve as valuable tools to further improve our outreach efforts and better serve our neighbors. Please refer to the attached page for the detailed list.

Once again, our heartfelt appreciation goes out to St. Perpetua Catholic Church, all the attendees, and everyone involved in making this event and meeting a resounding success. We can positively impact our community by addressing mental health challenges with compassion and care."

Referral Services

CONCORD ADULT MENTAL HEALTH CENTER

1420 Willow Pass Rd., Concord, CA 94520

Provides services to mentally ill adults. Fees are Sliding Scale

925-646-5480 x6306

CONTRA COSTA MENTAL Access Line

CONTRA COSTA COUNTY PSYCHOLOGICAL ASSOCIATION I & R SERVICE

CONTRA COSTA EMPLOYMENT AND HUMAN SERVICES DEPARTMENT

1-888-678-7277

925-939-9024

925-313-7987

Medical Information

F.I.R.S.T. (Family Information & Referral Service)

1801 Adeline Suite 203, Oakland, CA 94607

(Free) Information & referrals for families.

510-835-0188

Crisis Services

A SAFE PLACE

P.O Box 23006, Oakland, CA 94623

Battered women and their children shelter, support groups, counseling (free)

STAND (Formally known as BATTERED WOMEN'S ALTERNATIVE)

510-536-7233

1410 Danzig Plaza, Suite 200, Concord, CA 94520

Transitional housing, legal assistance, emergency shelter, counseling, support groups, domestic violence treatment, youth groups, and speakers for events.

1-888-215-5555

925-676-2968

925-676-2845

CONCORD ADULT MENTAL HEALTH CENTER

1420 Willow Pass Rd., Concord, CA 94520

Provides services to mentally ill adults.

Fees are sliding scale.

925-646-5480

CHILDREN AND FAMILY SERVICES

2530 Arnold Drive, Suite 200, Martinez, CA 94553

Child abuse investigations, 24 hrs. availability (Free)

925-646-1680

CONTRA COSTA CRISIS CENTER

Telephone counseling and referrals (Free)

PSYCHIATRIC EMERGENCY SERVICES (COUNTY HOSPITAL)

1-800-833-2900

2500 Alhambra Ave., Martinez, CA 94553

Drop in and 5150 holds for the county.

www.crisiscenter.org

GRIEF COUNSELING HOTLINE

925-646-2800

Telephone Counseling and referrals (Free)

HOMELESS HOTLINE

First point of contact for access to Contra Costa County continuum of care for homeless families (Free)

1-800-837-1818

www.crisiscenter.org

SCHOOL VIOLENCE TIP LINE

1-800-808-6444

Anonymous reporting of weapons, threats, bullying, homophobic behavior, other acts of violence at school

www.crisiscenter.org

FAMILY PASS

1-800-863-7600

Families are at risk of abusing children or actively using children. out-of-home placement Parent education classes and counseling; sliding scale; early childhood mental health; out-of-home placement

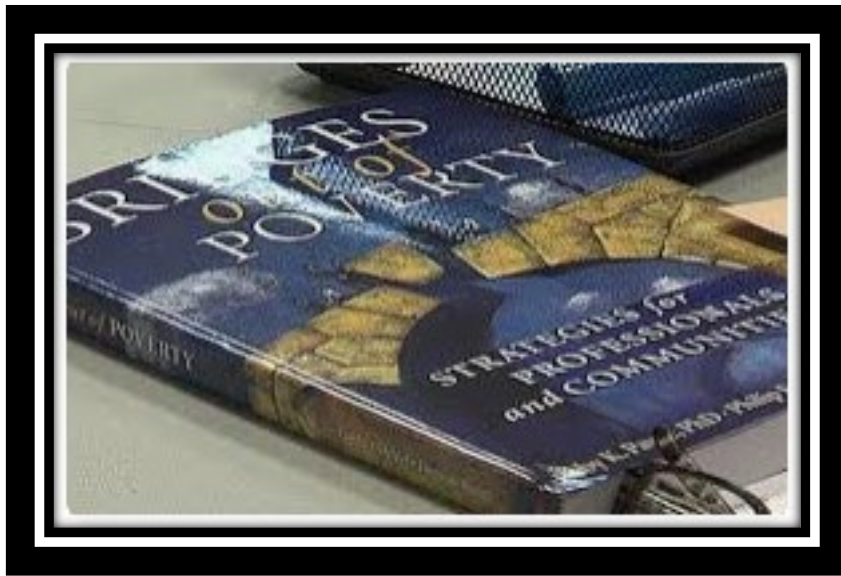
www.crisiscenter.org

RAPE CRISIS

Telephone Counseling and referrals (Free)

CONTRA COSTA CRISIS CENTER – Formerly SUICIDE PREVENTION

P.O. Box 3364 Walnut Creek, CA 94598



A Vincentian Resource: Bridges Out of Poverty Workshop

"This workshop is designed for individuals who haven't read any of the "Bridges" books.

By utilizing the resources outlined in the books, including "Getting Ahead In A Just Getting' By World," we will review and practice our neighbors' assessment, identifying actionable steps that both the neighbors and Vincentians can take to provide assistance.

Join us for an enjoyable experience as we develop conversational skills to gain insights into the neighbor's "resources" that reflect their capacity for self-sustainability and the potential avenues for support."

Date and Time:

Saturday, July 29, 2023

1:00 PM - 4:00 PM

Location:

**St. Bonaventure Catholic Community
5562 Clayton Rd, Concord, CA 94521**